

# TUBBUT TATTLE

ISSN 2200 - 5243



Next deadline: 21/2/2022

**#1 January 2022**

**Tubbut Neighbourhood House**

E-mail: [tubbutnh@inet.net.au](mailto:tubbutnh@inet.net.au)

Phone: 02 64580295

Open Tuesday, Wednesday, Thursday

<http://www.tubbutnh.com> Like us on Facebook

## NO ONE'S UNSINKABLE

To all those Unsinkable Guys out there –

You might think it's safe to have a few drinks around water, skip the lifejacket when you're out on the boat or go for a swim without checking the conditions.

But statistics prove that 4 out of 5 drownings are men.

Just remember that no one's unsinkable.

Q UNSINKABLE GUY

**RETHINK  
TAKING RISKS  
AROUND  
WATER**



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# CLASSIFIEDS

Available for parties and anything—Tubbut pizza oven (Bonang Hall also has one available for public hire)



## Septic getting full?

Robert Hampshire will pump out your loo. Septic tanks, porta-loos— no problems Truck has capacity to handle 2 tanks/trip Phone: 0417423983  
Please keep your old glass bottles for Robert too as he is a passionate collector.

## Bobcat contractor for hire

Slashing, clearing, small earthworks, levelling, preparation for sheds, carports, water tanks and paving and clean ups  
Ring Steve 0407190258 or email [stephenscroope@bigpond.com](mailto:stephenscroope@bigpond.com)

## Orbost Solar and Electrical

*Happy to come to our area and comes highly recommended by the Tubbut Neighbourhood House*

Call Ben on 0434038395



## Wallabia Wildlife Shelter

Rehabilitation and rescue of injured and orphaned native wildlife

Call Joe or Rena  
03 51540196  
24 hours



**Tattler Contributions:** We welcome your articles, news, reports on local groups, photos from local events, milestones, interesting stories, poems, biographies, births, deaths, historical items, and more. *We also welcome any letters to the editors,*

The Tubbut Tattler is produced by the Coordinators of the Tubbut Neighbourhood House which is funded by the Victorian Government. Material herein is the responsibility of the authors and does not represent the views of the DVICG or Tubbut Neighbourhood House unless stated. We welcome material from, and of interest to, people in the border areas of East Gippsland and NSW.

## WANTED

Old crockery of any colour except white, can have patterns, can be broken.

Please contact Sue Collins 64580287 or the NH, or leave at the Bonang Hall.

These will be used to Mosaic the Pizza Oven at Bonang.

## Delegate Multi Purpose Service Craigie St, Delegate

### Wellness Clinic

Monday 9am –10am  
Every week except public holidays.  
No appointment necessary.  
A clinic where well people come for health monitoring and a variety of nursing procedures such as :  
Wound care  
Blood pressure readings  
Blood sugar readings  
Non-urgent and pre-operative Electrocardiograms  
Health Assessments  
Suture or clip removal  
Injections with Doctors written orders  
Other procedures that do not require a Doctor

### Pathology clinic (conducted by Pathology West)

Wednesday 9.30am—10.30am  
No appointment necessary.  
Every week except public holidays.

### Women's Health Clinic

4th Thursday of the month at Delegate MPS  
Phone 1800 999 880 for an appointment

**RedSpa Sanctuary** Remedial Massage  
Shiatsu  
Bowen therapy

Over 20 years Experience.  
Home visits available  
By Appointment

0422 130 569

Available for cleaning (only)  
Contact Natasha 64588162 or 0408477774

# Tubbut Neighbourhood House

## FOR HIRE

The Tubbut Neighbourhood House has the following for Hire:

Trailer—\$5.00 per day

Wood Splitter—\$10.00 per day

*You can also borrow many of our gadgets:*

Laminator, recording VHS to DVD player, Laptop, tablet, digital photo scanner, convert photos, slides or negatives to digital, record records to USB

## Brodie Bendle- Concreting & Mini Excavations.

Covering all aspects of concreting sheds, pergolas, driveways and more

We also have a 3t excavator with augers and hydraulic grab great for every job whether it be clearing or moving trees etc. We specialise in driveways and drainage whether it be concrete or rock.

Friendly service free quotes happy to travel based in Goongerah

Contact us via [brodiebendle@gmail.com](mailto:brodiebendle@gmail.com)  
PH: 0423946592 PH: 03 51540142

**For any hazards on the road call  
Vic Roads on**

**131170**

## Outreach Nurse

Hi everyone - hope you had a great start to 2022.

I have an update for you regarding my outreach nursing work.

Due to ongoing debilitating health impacts from my first CV19 immunisation some months ago, I am unable to comply with the government immunisation mandate for health professionals and will not have my second CV19 immunisation.

This means, that from the 1st of January 2022 my work email Birgit.Schaedler@orh.com.au will be invalid, because I'm not allowed to work as a nurse anymore.

Please use the following email address to contact me regarding my involvement (health matters/questions) with the communities from Goongerah to Deddick Valley.

[errinundra.community@gmail.com](mailto:errinundra.community@gmail.com)

my phone number remains unchanged mob 0491 090 452

As you can imagine, this was not an easy decision to make after nearly 8 years of working with the communities and having been a dedicated nurse for 25 plus years. I will remain involved with all the unpaid community work (community committees and advocating for communities, Emerald Link), as I have done over the years. However, as I will have no income and am not independently wealthy and have to continue everyday financial responsibilities somehow, the driving up and down the Bonang and McKillops Roads will be very limited. To those who I have committed to help arrange appointments for services, know that I will do this, even if not employed anymore, until these things are sorted out. I will answer email and phone queries as I can, but please don't leave any messages needing urgent attention!!!!!!!

Thank you very much everyone for supporting my work for and with you over the years. I will keep looking for opportunities in the area – catch you all soon J

## Booster Clinics

Sadly Orbost Regional Health is unable to run Booster clinics at Bonang due to staff shortages. However, you don't have to miss out – Please call Orbost GP Clinic for an appointment (03) 5154 6777.

Catch you soon  
Birgit

## For Sale

1x Centrex 150lt Chest Freezer, good condition.

\$50.00

Phone Sue

64580287 or contact Neighbourhood House.

# Goongerah Good Foods

## Price List

### PRODUCE      \$/KG

#### FLOUR

Besan	\$6.24
Plain flour	\$3.30
Polenta	\$4.60
Wholemeal	\$3.26
Semolina	\$3.86

#### NUTS & SEEDS

Almonds	\$18.75
Black chai seeds	\$13.85
Black sesame seeds	\$10.99
Cashews	\$19.50
linseed	\$9.00
Pepitas	\$9.36
Peanuts	\$7.15
Poppy seeds	\$8.81
Sunflower kernels	\$6.24
Tri quinoa	\$9.51
white sesame	\$9.43
Walnuts	\$31.20

#### RICE & GRAINS

Barley	\$3.80
Basmati rice	\$4.91
Brown rice	\$5.01
Buckwheat	\$5.80
Couscous	\$5.09
Rolled oats	\$6.70
Rye	\$3.50

#### BEANS & PEAS

Chick Peas	\$7.27
French lentils	\$8.57
Green split pea	\$7.80
Mung beans	\$6.00
Red kidney beans	\$9.88
Red lentils	\$6.24
Soy beans	\$5.04

#### FRUIT

Banana's	\$16.45
Dates	\$4.83
Figs	\$15.63
Raisins	\$9.97
sultana	\$9.97

### PRODUCE      \$/KG

#### SPICES

Brown mustard seeds	\$26.00
Coriander Powder	\$32.18
Cinnamon powder	\$23.39
Cumin powder	\$32.18
Cumin seeds	\$32.18
Indian curry hot	\$28.12
Onion flakes	\$35.10
Paprika sweet	\$20.80
Paprika Smoked	\$20.80
Peppercorn black	\$32.49
Peppercorn white	\$38.35
Turmeric	\$11.69
Whole cloves	\$30.00

#### MISC

Apple cider vinegar	\$6.24
Balsamic Vinegar	\$3.41
Cacao	\$12.64
Celtic Sea Salt	\$10.47
Chamomile	\$41.28
Coconut flakes	\$11.96
Epsom salt	\$2.63
Granola fruit n nut	\$15.99
Olive Oil	\$12.08
Penne Pasta	\$7.25
Peanut Butter	\$13.59
Popping corn	\$5.03
Psyllium husk	\$16.15
Raw sugar	\$3.25
Roasted dandelion	\$51.09
Maple Syrup	\$27.29
Slendier (gluten free)	\$5.90
Tahini	\$13.98
Tamari	\$19.63
Yeast Flakes	\$30.22
Rooibos	\$23.40

#### Errinundra preserves

Pepper berry sauce	\$5.50
Tomato sauce	\$5.50
Hot chili sauce	\$5.50
Hot chili chutney	\$5.50
Quince Paste	\$5.50
Crabapple jelly	\$5.50
Mixed plum jam	\$5.50
Native superfood	\$14.00

## INTERVIEW WITH JIM NEVEN

F: How did you live when you both arrived at Tubbut?

J: In a tent. Built a bark hut for cooking, a little stove.

F: That was up the top near the big dam, wasn't it?

J: Between the big dam and the little one.

F: Were the rabbits still bad then?

J: No. That was in about September 1930. The trappers were pretty severe on them about that time. Every creek that had water in it, there was trappers' camped. It was of course depression time.

F: I suppose they only ate rabbit?

J: That was about all they got.

F: Where were the nearest supplies?

J: Delegate.

F: What was in Delegate at the time?

J: There were two or three big stores, a blacksmith. I think there was just the one hotel, same one as there is now.

F: What was at Delegate River?

J: Just a settlement. Not much alluvial mining then.

F: So what were the main ways people supported themselves?

J: Skinning possums. Rabbiting. They were putting the road through where it is now. There was a sawmill there where you come into the curve down from the road. We used to go down the old road and cross the gully further down.

F: Was Janet Cameron's grandmother there then?

J: Yes, she was there with Janet.

F: How many schools were there this way?

J: There were none.

F: Was there one at Bonang?

J: There was one school, because Dulcie (Clem's wife) and the Mead girl, when we were working there, we'd see them driving down to school.

F: In what?

J: A gig.

F: Was there much stock being driven across the Snowy River then?

J: No, not while we were there. There were mainly sheep. Bass's had sheep. Hick's had sheep, old Joe Ingram, Teddy's father, had sheep. He had the old woolshed with a shearing plant.

F: Is that the same shed that is there now?

J: Yes, the same one.

F: Were there any dances or get-togethers?

J: There was nothing till .... the first meeting. Clem came in about

# The Local Rag—continued

## INTERVIEW WITH JIM NEVEN (CONT.)

- and Eric. We must have had a meeting or so, just verbal, amongst one another. The first meeting we had about running the tennis show, was under the big tree, here. Clem and Eric decided that they could have tennis up there, they were making tennis courts. I think there was one down here at Teddy's. They had tennis and a dance up there in the woolshed at Teddy's. That was where we started to get the money in.
- F: Were the Cameron's there then?
- J: Yes the fathers were there then - Jimmy's father and Alan's father. They died early and the boys took it over young. Jimmy bought where he is living after.
- F: Was it cleared?
- J: Right from where you go round to the right, it was cleared on up the gully.
- F: Who was on Charlie Simpson's place?
- J: Legge's - Harry Legge. He built the place up there near the road. His own place burnt down. I went in there when he first got a car, a 6-cylinder Chev. He wasn't game to cross the creek. He asked if I would drive him to Delegate. After we got three-quarters of the way home, I think he got a bit of confidence, because I didn't have to bother again. He also selected a block out here where Mrs. Sass is now, and planted fruit trees there. He used to go down when it was dry to water them.
- F: When did you plant your fruit trees?
- J: Would have been about 45 years ago.
- F: Are they still bearing?
- J: Some of them, some are too old.
- F: What type of tree would you say was well adapted to this climate?
- J: Any apple or pear. Plums.
- F: What about apricots, any luck with them?
- J: Not down here, frosts get them. Peaches seem to be all right. With apricots you may go two or three years and get nothing.
- F: When were the grapes put in?
- J: They'd be after the fruit trees. Chap from Mildura, used to work on the grapes and they decided to come up here and have a look. Had a walk around. The young fellow was very much impressed. Got his father to come. He said "I can't see anything wrong with it, but it's too far away." I said: Where from? "Melbourne". I said: It's no further away than Mildura is from Melbourne. "Yeah", he said "I hadn't thought of that, long way from Mildura." He had a vineyard there, for dried fruit.
- F: Did he give you grapes?
- J: Yes.
- F: Are they producing still?
- J: Just a minute .... (goes out and comes back bearing two big bunches of large green grapes, smiling) - Proof of the pudding!!
- F: What trees are hardy in the paddock against stock? Stringy?

# The Local Rag -continued

9.

## INTERVIEW WITH JIM NEVEN (CONT.)

- J: Cattle strip them all out - ringbark them.
- F: What do you think about the big dam idea and irrigation?
- J: I think there should be more of it and chisel ploughing .
- F: Do you think this country is prone to washing?
- J: If it's steep and you chisel plough, you're not so apt to get it. You chisel on the contour, not up and down. If you go up and down - look out .....
- F: I suppose you must have seen the beginning of some of those gullies washing?
- J: Cripes yes, they're going further all the time. It was going up there, till the big dam stopped it. This dam Gillies put in, when I was helping Frank Matthews put this fence up; it was just through the fence, now it's right up nearly to the dam. Forty years!
- F: When was the Tubbut School started?
- J: It must have been forty years ago. We had to build it. It was opposite where Mrs. Hyatt's place is. Then there was a lean-to built on to the Hall. Then they decided, when a lot of newcomers came in, Mrs. Auer and others, to build a new one. Finally they agreed (the Department) to build new toilets if we let the kids in the Hall.



# New from the Shire

## Australia Day Awards celebrate a great community

A turnout of more than 200 people at the Nowa Nowa Recreation Reserve on Saturday, January 22, celebrated the outstanding contribution of more than 30 individuals and community events at the annual Australia Day Awards.

Hosted by East Gippsland Shire Council the shire-wide awards tapped into the Australia Day theme of “We’re all part of the story – reflect, respect, celebrate”.

Held in Nowa Nowa for the first time, the awards included a welcome to country by Gunaikurnai elders Aunty Sandra Patten and Uncle Lennie Hayes, a flag unfurling by the Bairnsdale Scouts (on a flagpole the Scouts on site for the day), songs from the Nowa Nowa Men’s Choir, and a keynote address from visiting Australia Day Ambassador Paul Wheelton AM. Twin Rivers Lions Club had the sausages and bacon and egg rolls sizzling throughout the morning.

Mayor, Cr Mark Reeves said the awards were a wonderful way for Council and the community to acknowledge the contribution volunteers make in our community.

Cr Reeves said this was evident in the 33 nominations across the three award categories – Citizen of the Year, Young Citizen of the Year and Community Event of the Year.

“The quality of nominations this year was fantastic. Hats off to all finalists and to everyone who took the time to nominate such worthy people and events this year,” Cr Reeves said.

### **Citizen of the Year**

Ann and Stan Barker, of Lakes Entrance, were announced as Citizen of the Year for the extensive volunteer work.

Founders of the Bushfire Recovery Project, Ann and Stan have potted over 6,000 native plants and trees and distributed across the East Gippsland region to those affected by the bushfires.

This hard-working duo has contributed to the restoration of native flora in East Gippsland and have had a positive impact on the mental health and wellbeing of those affected by the bushfires.

As members of the Australian Native Plants Society and Lakes Entrance Garden Club, Ann and Stan have contributed to community life for many years in a voluntary capacity, including opening their own garden.

Nominees: David Appleton, Peta Bassett, Laurel Calvert, Paul Carroll, Debbie Carruthers, Barbara Dodd, Angela Dunkley, Norm Elliott, Claire-Lise Gamble, Brodie Gaudion, Lorna King, Judy Marsden, Cathy McLellan, David McCoy, Peter Neal, Elaine Newcomen, Ronald Edwards Pepper, Ula Sheather, Peter Sindrey, Amber Wade, Robert Wright.

### **Young Citizen of the Year**

Paris Davis has been volunteering as the Youth Leader for Gipps Youth Club at Orbost for the past four years.

Paris goes over and above to young people to participate in health and lifestyle programs and activities to benefit their health and wellbeing. Paris is an inspiration to the community, assisting with raising funds for the Youth Club to support social activities for the young people and their families.

Nominees: Damen Bassett, Brydie Bourke, Chloe Peters.

### **Community Event of the Year**

The inaugural East Gippsland Winter Festival was a series of community events including lantern parades, laneway street food nights and food van feasts with live entertainment, projections, art and light installations, bonfire nights, concerts, exhibitions, ticketed dinners, performances, workshops and tours across the region. It brought the community together and encouraged collaboration. The entire festival was designed around promoting the region - not one individual event. This included promotion of towns right across East Gippsland as well as local restaurants, wineries, breweries, chefs, producers, studios and galleries, and tourism operators.

Organisers collaborated and involved over 50 local businesses and sole traders and 200 local community members with the festival in a volunteer capacity.

Nominees: 7 Generations Art Mural, Colour Ya World Bairnsdale, Landcare Sustainability Expo (Orbost Show), The Sandhill Ashes, Winter Festival Lantern Parade (Orbost).

In celebrating all nominees and award recipients, Cr Reeves said volunteers give so much of their time, passion, and dedication to helping others.

“This is highly valued and does not go unnoticed,” Cr Reeves said.

The presentation of the awards was broadcast live on Council’s YouTube channel. It is available to watch online at Council’s YouTube channel at <https://www.youtube.com/watch?v=E7TlaBHUaKA>

Photographs and details of award winners and nominees is also available on the Council website at <https://www.eastgippsland.vic.gov.au/community/australia-day>

Council holds the shire-wide awards prior to Australia Day to allow winners and nominees the opportunity to attend celebrations in their own towns on Australia Day, 26 January.

Saturday’s event was supported by the National Australia Day Council.



# News from the Shire

## Farm gates offering a taste-led tour of East Gippsland

East Gippsland Shire Council is making it easy for locals and visitors to support farmers across the region and buy fresh food direct from producers on its Love Where it's Grown, Caught, Made farm gate trail.

Starting this month, food lovers can take the taste-led tour of East Gippsland. The Council-led program will assist farmers and small businesses to increase sales and connect with visitors and locals, whetting their appetite for more local produce.

Buying direct from local farmers, fishers, brewers and winemakers puts money back into the community, saves on food miles and lets food lovers connect with the people and places behind the food we eat.

To discover the many farm gates, road-side stalls, farmers' markets, wineries, breweries and even trawlers in East Gippsland, head to an East Gippsland Shire Council visitor information centre or [visiteastgippsland.com.au](http://visiteastgippsland.com.au).

The food curious can select the places and regions they would like to visit and create their own trail or take the Twin Rivers Farm, Food & Wine Trail brochure then head off on a mouth-watering tour of producers showcasing farm-fresh cheeses and olives, handcrafted chocolate, small-batch craft beers, cool-climate wines, wild-caught fish and famous Gippsland beef.

"Love Where it's Grown, Caught, Made is about letting locals and visitors alike discover more about where we live and what we produce," East Gippsland Shire Council Mayor, Cr Mark Reeves said.

"Pack an Esky or a picnic basket and gather local delights as you go. You'll be spoiled for choice and you'll definitely want to bring the flavours of East Gippsland back home with you," Cr Reeves said.

On the trail, look for the Love Where it's Grown, Caught, Made logo on signs outside participating farms and producers.

Anyone who offers food or fibre products that are grown, caught and made in East Gippsland and has a roadside, harbourside or market stall or sells online is invited to register for the Farm Gate Producers Program at a Council information centre or [visiteastgippsland.com.au](http://visiteastgippsland.com.au).

**Avoid unnecessary paper by placing a "No Junk Mail" sticker on your letter box.**



**Did You Know?**  
Junk mail accounts for 6% of Australia's total paper use, yet only 20% of junk mail is actually read.

For more information contact Council or visit our A - Z - Where to next? on our website.

Rethink & Recycle with the **WASTE RESCUER**  

**Donate unwanted goods to op shops and second hand stores.**



**Did You Know?**  
Australians send around \$500 million worth of clothing to landfill each year. Remember to only donate items that you would give to a friend!

For more information contact Council or visit our A - Z - Where to next? on our website.

Rethink & Recycle with the **WASTE RESCUER**  

# News from the Shire

## East Gippsland Shire Council has released its draft Environment Sustainability Strategy 2022-2032 for community comment.

The draft strategy outlines seven anticipated outcomes and key indicators for success:

- Growth in the circular economy
- Sustainable management of natural resources
- Resilience of communities to manage and respond to increasing climate risk and natural disasters
- Conservation of the natural environment and biodiversity
- Community participation in our climate response
- Sustainable economic growth and new job opportunities
- Respect and alignment with the rights of Traditional Owner groups

Mayor Cr Mark Reeves said Council recognises the importance of our natural environment because it contributes to wellbeing, amenity and biodiversity, and underpins much of the region's economic activity, including tourism.

"Through proactive planning, relevant design work and strong advocacy, we want to ensure East Gippsland's natural and built environment is sustainable, and meets community needs," Cr Reeves said.

Development of the strategy was informed by the community consultation processes used to develop the Council Plan 2021-2025; Community Vision 2040; place plans; and Community Recovery Committee plans. The community has placed a high value on the environment, and it is consistently identified as the number one value for people living in and visiting East Gippsland.

In addition, the community identified climate change as the top issue of concern for the coming years, topping the survey used to inform the Council Plan 2021-25 as the key challenge.

The draft strategy targets strong action on climate change and environmental sustainability by reducing Council and community carbon emissions; facilitating zero-emissions transport (which includes electric vehicles and active transport such as cycling, walking), diverting waste from landfill to create a circular economy; and regenerating our biodiversity and waterways after the bushfires.

"Council acknowledges the seriousness of the biodiversity and climate crises and is committed to protecting the community and the ecosystems we depend on. Our wellbeing and prospects are directly linked to a healthy environment," Cr Reeves said.

"This strategy builds on Council's previous environment strategies, which changed the way we operate and aided our progress towards a sustainable future, but it's time to take the next step.

"I urge everyone to view the draft and provide Council with their feedback," Cr Reeves said.



### Clean Up Australia Day 2022

Now is the chance to get your local community group to join in keeping East Gippsland beautiful!

**East Gippsland Shire Council accepts Clean Up Australia Day labelled bags for free from registered events.**

Clean Up Australia now accept events throughout the year to suit local groups. Remember to register an event to receive bags and be eligible to dispose of the collected litter for free.

## East Gippsland compost rebate

**\$40 off** a compost, worm farm, bokashi bin, pet poo bin and more!

Visit

<https://www.compostcommunity.com.au/east-gippsland.html> for your rebate



# News from the Departments



**MARIA CARDOSO**  
BIODIVERSITY RECOVERY OFFICER  
WITH DELWP, VIC

## QUOLLS OF VIC/NSW EASTERN BORDER

Webinar

16TH FEBRUARY 2022  
9AM-10AM

Webinar Registration <https://bit.ly/3EBTWZF>



This project is supported by the Australian Government through funding from the Bushfire Recovery for Wildlife and Habitat Community Grants Program.

### Word Search (answers on page 13)

G T A I U F L N H P R S O O N E B E S E  
L S T E T L O H A L O H O C I I D E V W  
H Y F I R I I V L O G E I I P L H H P I  
E T E R T R T A O O A T O S H T E A N N  
M I N A B H F S L E C D H N A O O E T T  
O I N A R N S O P I S D S Y S E U S N E  
M T S N T E V Y T R A S A T E H U R L R  
E O L E T S N T T A I K N V N M R R N S  
N O E U C H N Y R U T N E C M N S H N T  
T E N E I O G I T Y P N G E R E H H P A  
D I E M O R N I N G I I R N W T H C W S  
M R H N I P A D N N E B K O O T M Y S U  
K N P A U S E A G S S A C I M R W A M U  
R D T H G I N D I M S H N H A N S A T  
G F A N E L W W A D A J T A E T P N E G  
S E D U S K O A A C N Y O N U U A F T O  
E E B T S A E Y R D E A Y D O T O O W A  
M D S R E W E E K E N D L D A M U E G E  
I H N E N E O N O O N R E T F A E M O Y  
T A A L R H R D E O L A R S R N G B N D

AFTERNOON	DUSK	MINUTE	PAUSE	WEEKEND
AUTUMN	EVENING	MOMENT	PHASE	WINTER
CENTURY	FALL	MONTH	SECOND	YEAR
DAWN	HOUR	MORNING	SPRING	
DAY	INSTANT	NIGHT	SUMMER	
DECADE	MIDNIGHT	NOON	WEEK	

### DELWP QUOLL SURVEY



The Department of Environment, Land, Water and Planning Victoria is currently surveying East Gippsland for Spotted-Tailed Quolls. Bushfire impacts have been extensive. Quoll populations are being monitored to check their viability.

Maria Cardoso and her team are delivering the research in the Vic/NSW border zone. Join Maria for an informative discussion about this allusive Australian mammal.

### QUOLL HABITAT PROJECT



The Commonwealth Government is supporting landholders to establish corridors and stepping stones on farm land through funding secured by Snowy River Interstate Landcare Committee.

The current project will create approx 40ha of stock exclusion land including river woodland and new tree corridors. Education is key part of this project.



- Learn about Quolls
- How to know if you have Quolls at your place
- Creating Quoll habitat in rural lands

Need help to register? Contact  
Snowy River Interstate Landcare  
02 64584003  
srlic@bigpond.com

## The Australian Wood Design Exhibition 2022

26<sup>th</sup> March to 19<sup>th</sup> June

### Orbost Exhibition Centre



Call for Entries



Entry forms available online [www.orbostexhibitioncentre.com](http://www.orbostexhibitioncentre.com)

Hard copies available at Orbost Exhibition Centre, 10-12 Clarke St Orbost | Thur - Sat 11am - 3pm

And East Gippsland Art Gallery, 2 Nicholson St Bairnsdale | Tue - Fri 10am - 4pm

Proudly supported by

Friends of Orbost Opportunity Shop

Elders Real Estate



# Recipes

## Deodorant for sensitive skin

### Materials

- 50g unrefined Shea Butter
- 25g coconut oil
- 15g kaolin clay
- 12g (2.5tbsp) diatomaceous earth
- 12g (1.5 tbsp) arrowroot starch
- 30-40 drops antibacterial essential oils

### Tools

- Small pot
- Empty clean jar
- Non-metal spoon/spatula

### Instructions

1. fill your pot with approximately 5 cm of water, pop on the stove and bring to a simmer
2. in a clean empty jar weigh out your shea butter & coconut oil
3. place jar in simmering water until shea butter is fully melted
4. once fully melted remove the jar from the heat and add the clay, diatomaceous earth and arrowroot.
5. stir with a non-metal implement until completely combined
6. allow the mixture to cool slightly then add essential oils of your choice transfer to a jar and allow to cool with the lid off

### Notes

- Some essential oil combos I like for deodorant are frankincense & Grapefruit, Rosemary, cedarwood and tea tree, tea tree and lemongrass and of course lavender. Go wild.
- This recipe fills one 120ml jar, but feel free to smaller jars and keep the other jars in the fridge to retain its freshness  
Glass jars are the best for storing this deodorant to avoid leaching of the chemicals in plastic from the essential oils. However, if breakage is a concern go ahead and use plastic. Just avoid metal tins as they will react with the clay and reduce its effectiveness.

<https://bloomingmandala.com.au>

## Hearty Creamy Leek & Mushroom Pies

500g puff pastry

olive oil for frying

1 large leek, chopped into small pieces

1 clove garlic, finely chopped

20 mushrooms, washed and sliced

1 thick celery stick, chopped

1 cup cashew nuts – process with 2 cups water for some minutes in your liquidizer until it resembles single cream

1 Tbsp nutritional yeast

1 tsp vegetable stock powder or cube

salt to taste

### METHOD

- First fry your leeks and celery in olive oil in a large saucepan for a couple of minutes or so, until slightly transparent.
- Then stir in the mushrooms and garlic, and lower the heat. Keep an eye out for them by stirring every minute or so, until the mushrooms yield their juices.
- Next, add the remaining ingredients, except for the cashew cream.
- Make sure your veggies are totally cooked, then add your cream a little at a time.
- Keep a low heat setting, allow the filling to thicken a little, and then add the remaining cream – again allowing it to simmer until it thickens.
- Taste for salt, then allow your filling to cool down. Meanwhile go and roll out your dough on a clean surface.
- For this you need either 4 small oven-proof dishes (each a single portion), or one medium sized dish if you are making it as one pie. Now grease your dish (or dishes), roll out your pastry, and place the pastry in them (leaving enough dough for the lids).
- Add in the filling on top, then cut the remaining dough to size to fit on top – any extra pastry can be put on the surface as a decoration. Then brush on milk.
- Place in a preheated 350°F (180°C) oven until golden – for 20 minutes or so. Keep an eye on them – when they turn golden, they are ready.

# Fiction

## Maryann

Maryann regrets she's unable to sing in the band,  
 Cos she's leaving me and my three kids for another man.  
 The three children and I don't understand,  
 she knows that we love her but she doesn't care.  
 Because she's leaving me for another man  
 Maryann regrets she's leaving the band  
 The kids and I will have to play on for our fans,  
 Life is short - the next thing you know were both out of sorts  
 Maryann and I are both in court,  
 Maryann regrets she's unable to play in the band,  
 She leaving the kids and I for another man,  
 I'm sorry the kids and myself still don't understand  
 but someone had better have a better plan.

By Kitten

## Word search answers

W R E T F A M  
 N O O N R E T F A M  
 M U W E E K E N D  
 O T Y D E  
 N U A C D U S K  
 T A W A D T A  
 H M I N D I M T H G I N D I M  
 G P A U S E  
 N N D N N N  
 W R I M O R N I N G I  
 N G E O G I N  
 M V I K R U T N E C M  
 M U R E T S  
 E U R R T E S A R  
 E S U S P A R  
 T A O F S A R  
 N H A N A M  
 I P L A T E  
 W L L Y

## The New School Teacher - By Kitten

It was a new year at a new school! The year had started and it was an all girls school, no boys allowed. When you looked out of the window in the common room there was a bend in a river and a lot of horses grazing in the paddock on the other side.

The school was for young ladies from all different countries of the world they were Greek, Italian, Japanese, Austrian and many others. I was there to teach them English and learn about them as I was new. Once I got to know the girls, to my shock one of them was a writer too, like me in my spare time. She was Greek and every day all of the girl's would meet in the common room that looked over the river and horses and I would give them instructions on their work needed to be done.

I had my writing pad with me and I usually I would write in it everything that happened throughout my day but I had forgotten to. Three days had gone by and I thought I'd have to start writing in my notepad about my day and what other things they needed to learn. I picked up my pen, opened my pad and to my surprise someone had written shorthand in it. They had used the whole notepad, every page, I wondered who had done it. I asked out loud who had written in my notepad and Gina the young Greek girl raised her hand. I asked her if it was a story she had written. She replied yes it was and it was about nature and animals. I was reading from page to page and I was giggling a bit as I was trying to understand the short hand. She looked upset as I was giggling and I had to explain to her that I do not know how to read her shorthand properly. She also seemed upset that she thought I would be angry that she wrote in my notepad without permission and I had to let her know it was ok as she was showing her creativity in writing a story.

I gave her back my notepad and told her I'd like to read the story properly instead of in short hand as it is hard to understand. She took the notepad and said thank you and was so relieved that she wasn't in trouble. She told me she wants to write when she is older and that she has many ideas. She took it home later that afternoon and showed her parents. She came back to school the next day and told me they were over the moon that she had written a story. She told me her mother said she was proud and that was a very good story and asked her if she'd write another one. The girl told her mum she would try and after the conversation with her mother she decided to head down to the local cafe to meet some friends and tell them the good news.

## Highlighting the value of local environmental groups to community led recovery

We want to hear about your work in environmental recovery

We are a group of researchers from Federation University and University of Melbourne. We are researching the importance of local environmental groups in post bushfire recovery.

We conducting workshops with environmental community groups to learn more.

We want to learn more about:

- How your group has contributed to the environmental and biodiversity recovery after bushfires.
- Whether being involved in a community group has affected your well-being (positive or negative).
- What you think has helped and hindered your group to be able to contribute to environmental and social resilience.

**Workshop**

**Date:** Tue 8 February, 2022

**Time:** 10am – 12.30pm

**Location:**  
Orbost Exhibition Centre  
10-12 Clarke St, Orbost

Refreshments provided.

# February 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3 Library Bus NHH at Bonang	4	5	6
7	8	9	10	11	12	13
14	15	16 Quolls of Vic/ NSW Eastern border– Webinar	17 Library Bus NHH at Bonang	18	19	20
21 Feb Tattler Deadline	22	23 Community Lunch at Tubbut	24	25	26	27
28						