

TUBBUT TATTLE

ISSN 2200 - 5243

TUBBUT
NEIGHBOURHOOD HOUSE
Drop in for
a cuppa, a chat
& FREE INTERNET

April 2026

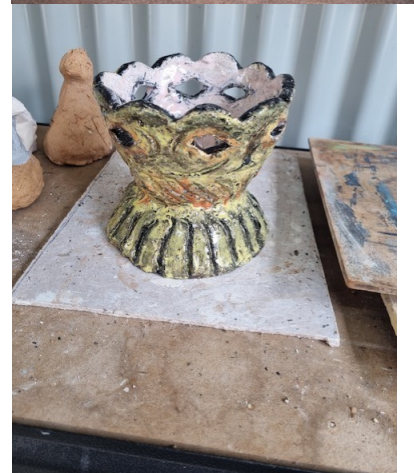
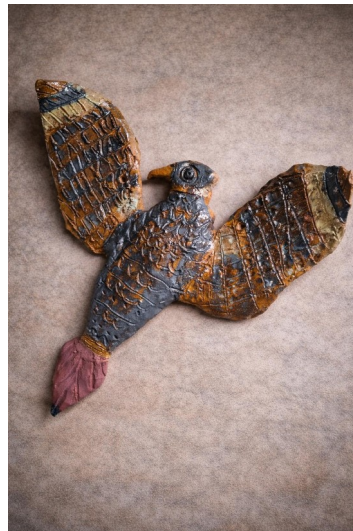
Next deadline April 23rd

Tubbut Neighbourhood House
Email tubbutnh@outlook.com
Phone 0482855670
Open Tuesday, Wednesday and Thursday
Find us at www.tubbutnh.com and Facebook



More art from the Creative Arts workshops with Bill Insche

Ceramic works unloaded
from the kiln made by
Marni Smith, her Mum, and
Tully, Joey and Jason
Taylor



The tiles were made by Caroline Geuze and
the vessel by Shoshannah Keller

CLASSIFIEDS

Available for parties and anything—
Tubbut pizza oven (Bonang Hall
also has one available for public
hire

Septic getting full?

Robert Hampshire will pump out your loo. Septic
tanks, porta-loos— no problems Truck has
capacity to handle 2 tanks/trip Phone:

0417423983

Please keep your old glass bottles for Robert too
as he is a passionate collector.

Bobcat contractor for hire

Slashing, clearing, small earthworks, levelling,
preparation for sheds, carports, water tanks and
paving and clean ups

Ring Steve 0407190258 or email
stephenscroope@bigpond.com

Report road issues -
Regional Roads Vic
133778



Wallabia Wildlife Shelter

Rehabilitation and
rescue of injured and
orphaned native
wildlife
Call Joe or Rena

0497200927
24 hours

Tattler Contributions: We welcome your
articles, news, reports on local groups,
photos from local events, milestones,
interesting stories, poems, biographies,
births, deaths, historical items, and more.
We also welcome any letters to the editors.

The Tubbut Tattler is produced by the Coordinators of the Tubbut Neighbourhood
House which is funded by the Victorian Government. Material herein is the
responsibility of the authors and does not represent the views of the DVICG or
Tubbut Neighbourhood House unless stated. We welcome material from, and of
interest to, people in the border areas of East Gippsland and NSW.

FOR HIRE

The Tubbut Neighbourhood House has the
following for Hire:
Trailer—\$5.00 per day
Wood Splitter—\$10.00 per day
You can also borrow many of our gadgets:
Laminator, recording VHS to DVD player, Laptop,
tablet, digital photo scanner, convert photos, slides
or negatives to digital, record records to USB

Delegate Multi-Purpose Service
11 Craigie St, Delegate
(02) 64598000

The Delegate MPS Assessment and Treatment Care Centre (ATCC)

ATCC

The Delegate MPS Assessment and Treatment Care Centre (ATCC) is not
an Emergency Department, for all Emergency type presentations please
proceed to the nearest Emergency Department at the Bombala MPS, or
phone 000 for an Ambulance. The ATCC is open Monday to Friday 8.30am
to 4pm, please call Delegate MPS (02) 64598000 to make an appointment.
Outside of these hours, please consider if your presentation is an

Emergency and therefore not for Delegate MPS.

Our nurse-led ATCC is offering:

- Wound Care
- Nursing Assessments
- Blood Pressure readings
- Blood Sugar readings
- Suture or Clip removal
- Injections with Doctors written order
- Other procedures that do not require a doctor

Pathology

Wednesday 9:30am-10:30am. No appointment necessary. Not available on
public holidays

Other Community Health Services Available on request

Dietician

Diabetes Educator

Immunisations

Podiatry

Child and Family Health Nurse

Generalist Community Health Nurse

Women's Health Nurse

To refer to any of the above please ring Community Health Central Intake
Team on

ph. 1800 999 880

Victorian Visits

Community Nurse Visits Victorian Clients every fortnight. For referral or
information ring ORBOST Regional Health (03) 51546666 or Delegate
Community Health Nurse on (02) 64598000

**Handy Man available
call Peter on 0492888057**

Local Concreter—Tubbut and surrounds

All types of concrete work—slabs, driveways,
paths, sheds, repairs and more

17 years experience

Contact: Jason 0413633255

Email: twojsconcreting@gmail.com

Tubbut Neighbourhood House



We are looking for talented people to share their skills with the community via workshops. Please don't hesitate to contact us to discuss this further.

Community Lunch

April 29th

At Tubbut Supper Room

12 pm

The Bonang Hall now has a **coin operated washing machine** in the new laundry block. This is available for Community and visitor use. The cost is \$6.00 per wash.



THE VICTORIAN VOLUNTEERING AWARDS

The awards are an opportunity to recognise and thank volunteers across Victoria for the incredible contributions they make to our state and local communities.

Showcasing excellence by individuals and organisations, the Awards are run by Volunteering Victoria with the support of the Victorian State Government.

The Awards combine the previously separate Premier's Volunteer Champions Awards, featuring the Dame Elisabeth Murdoch Award for Volunteer of the Year, and the annual Volunteering Victoria State Awards. This creates a single nomination process and a more significant awards ceremony celebrating volunteers and volunteerism across the state of Victoria.

<https://www.volunteeringvictoria.org.au/events/awards/>

Nominations close 27th May 2026 4pm (AEST)

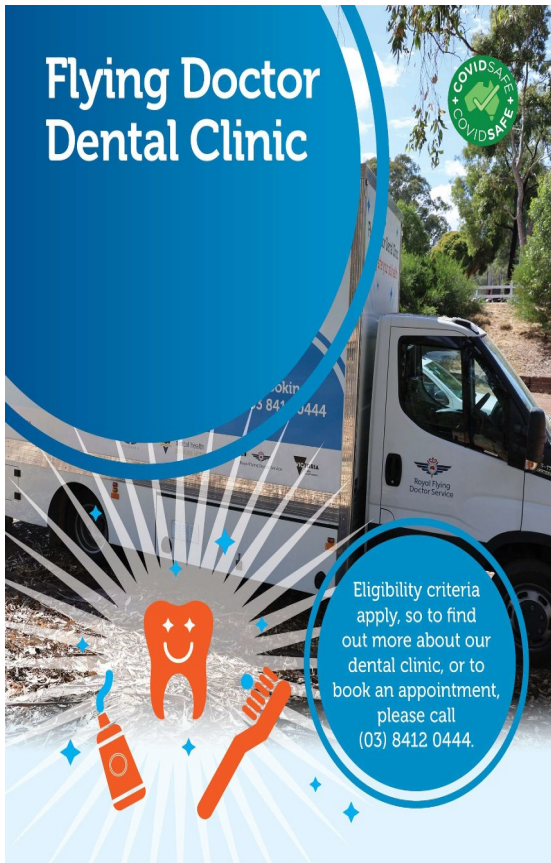
FOR SALE

Two lounge suites for sale
Make an offer
The leather one (far right) has 2x2 seat and 2x1 seat
Contact Michael 0492899095
Located at Tubbut




Tubbut Neighbourhood House

Flying Doctor Dental Clinic



Eligibility criteria apply, so to find out more about our dental clinic, or to book an appointment, please call (03) 8412 0444.




EAST GIPPSLAND
SHIRE LIBRARIES

FREE | BOOKINGS ESSENTIAL



Housing Options As We Age

Seniors Rights Victoria



Seniors Rights Victoria join us for this free information session!

Cost of living, health changes, and family circumstances can all influence housing choices. Some arrangements can carry legal and financial risks if not properly planned.

Taking time to understand the implications of each option can help prevent misunderstandings, financial loss, and elder abuse. This free session with Seniors Rights Victoria covers; staying where you are, moving in with your family or family moving in with you, private rental market and other retirement options.

Bairnsdale Library

Monday 20 April
10.30 am – 12.00 pm

Lakes Entrance Service Centre

Tuesday 21 April
10.30 am – 12.00 pm

Mallacoota Service Centre

Wednesday 22 April
1.00 pm – 2.30 pm

Orbost Service Centre

Tuesday 21 April
1.30 pm – 3.00 pm

Paynesville Service Centre

Monday 20 April
2.00 pm – 3.30 pm

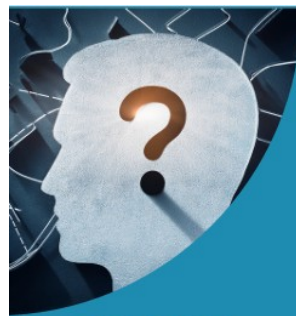
Book Now

At your library
5152 4225

www.trybooking.com/event/1/eastgippslandshirelibraries
Scan the QR code



Tubbut Tattler



ABOUT US

The Break is a not-for-profit, registered charity providing accessible, culturally responsive mental health support so no one falls through service gaps.

WHY CHOOSE THE BREAK?

- Affordable counselling - just \$50 per session
- No waitlist - appointments often available the same day
- Postgraduate qualified, experienced counsellors
- Free case management support with counselling
- Multicultural and inclusive team, in multiple languages
- In-person, online & phone sessions
- Progress updates available (with client consent)

CONTACT US

- 📞 1300 819 111
- ✉ info@thebreak.org.au
- 🌐 <https://thebreak.org.au/>
- 📍 312-314 Hawthorn Road, Caulfield 3162

Access More
Details via QR
Code



AFFORDABLE MENTAL HEALTH SUPPORT

“Everyone deserves to thrive, not just survive”



COMMUNITY PROGRAMS

NDIS SUPPORTS

Social activities, counselling, support groups, assistive technology, and counselling tailored to individual needs

WORK & DEVELOPMENT PERMIT (WDP) SCHEME

Helps participants resolve fines through approved programs instead of financial penalties.

VETERAN & RETIREMENT-HOME PROGRAMS

Social and wellbeing activities designed to reduce isolation and enhance quality of life

COMMUNITY OUTREACH

Personalised visits for individuals who are socially isolated or have limited family support

COUNSELLING SERVICES

Support for individuals experiencing:

- Trauma and emotional distress
- Addiction recovery
- Psychosomatic concerns
- Disability & chronic health conditions
- Grief and loss
- Social isolation and loneliness
- Unemployment and financial stress
- Houselessness & housing instability
- Relationship issues

ADDITIONAL SERVICES

WEEKLY SUPPORT GROUPS

- Men | Women | Mixed | LGBTIQ
- \$20/session or 10 sessions = \$150

ECOTHERAPY

- Guided nature walks
- Meditation & breathwork
- Art & grounding activities

DAY PROGRAMS (5-6 DAYS/WEEK)

- Addiction Recovery – \$3K/month
- Anger Management – \$4K/month

ADVENTURE THERAPY (KAYAKING)

- Builds self-awareness, social connection & teamwork
- Boosts resilience & self-esteem
- Low-impact & accessible for all
- Build healthy social connections



Join Australia's Biggest Bushwalk

This May, community groups are taking part in Australia's Biggest Bushwalk, clocking up the kilometres and raising vital funds to protect nature.

How to take part: Register your group or team, Fundraise to protect nature, Walk anywhere you like throughout May

There's no mandatory fundraising minimum, and participation itself is simple to set up. Some organisations focus purely on engagement and encourage voluntary fundraising from staff or community. We are passionate about encouraging people to engage with nature and Country, and we would be thrilled to work with Neighbourhood Houses VIC and your community with this.

The funds raised are used to protect endangered animals around Australia and fight against deforestation, so we can keep our environment safe for generations to come. Added bonus: there's an opportunity to win a Vamos e-bike valued at \$5000 if participants sign up before 30th April!

<https://australiasbiggestbushwalk.org.au/>

Wellness Space

The Errinundra to Snowy Wellbeing Space is a health clinic serving the communities of Goongerah, Tubbut and Bendoc.

Led by a community Nurse Care Coordinator, the clinic visits:

Goongerah on Tuesdays
7023 Bonang Rd, Goongerah

Tubbut on Wednesdays
2584 McKillops Rd, Tubbut

Bendoc on Thursdays
Dowling Street, Bendoc

For more information or to make an appointment call
0456 167 011

If you would like to book a time out of business hours, or if the Wellbeing Space day in your area does not suit you, the Community Nurse Care Coordinator may be able to arrange an appointment that is easier for you to attend.

Services include:

Health education

Health checks and health care plans

Telehealth appointments and support

Pathology

Wound care, dressings, suture removal

Urine analysis

Help filling medical forms, My Aged Care and Home Care Packages

Hosting service providers such as GPs, Women's Health Nurse

Mental health support via referral

Help navigating health services

Other services will be added as they become available.

If you have any questions about the services available at the Errinundra to Snowy Wellbeing Spaces call 0456 167 011.



LINKING OUR REMOTE COMMUNITIES WITH SERVICES THAT MATTER

WELCOME TO OUR NEW ONLINE BOOKING PLATFORM

You are still welcome to book directly through Tama- 0448 639 754 or your local Community Centre



OR Use this Link to book. <https://www.picktime.com/home/E2S>

See the calendar for dates of attending Nurse in your community, book an appointment or just pop in to see them.

Physiotherapist Nicole will be in Goongerah in April, Bendoc in May, and Tubbut in April and June.

SKIN CHECK MELANOGRAPHER IS COMING BACK –

Book now before she books out again

Bendoc & Tubbut 14th April Goongerah 15th April

Lauren from MoleMap in Bairnsdale is coming the Goongerah, Tubbut and Bendoc communities in April to offer free full-body skin checks for local residents, funded by E2S.

MoleMap is a leading skin cancer detection service that specialises in the early identification and monitoring of skin cancers and melanoma. Their comprehensive skin checks combine full-body checking with a dermatoscope (a specialised magnifying tool) from your scalp to soles of the feet, close-up imaging of any suspicious spots using a specialised camera, and expert analysis of the imaged spots by specialist Dermatologists. We help detect skin cancers at an earlier, more treatable stage—potentially saving lives.

Each check includes:

- ▯ A thorough examination of your skin from head to toe
- ▯ Imaging of any moles or lesions that appear suspicious
- ▯ Expert Dermatologist review of any imaged lesions
- ▯ A detailed report with any recommendations for treatment or review, along with the photos
- ▯ Sun safety education and advice

Why book a skin check?

Skin cancer is so common in Australia, and early detection is key. By the age of 70, 2 out of 3 people will have been diagnosed with a skin cancer. Even if you haven't noticed any changes or don't think you're at high risk, it's still a good idea to get your skin checked—especially if you spend time outdoors, have fair skin, or have a history of sun exposure or sunburn

Wellness Space

The Dental Bus is coming to Bendoc! - 7th April BOOKINGS TAKEN NOW

The mobile dental bus will be visiting Bendoc in the E2S region, bringing essential oral health services directly to the local community. This visit is designed to improve access to dental care for residents who may find it difficult to travel, offering a convenient and welcoming setting for routine dental support close to home. The dental bus is equipped to provide general dental check-ups, basic treatments, and oral health advice for people of all ages. Friendly dental professionals will be on hand to help identify concerns early, promote good dental hygiene, and connect patients with further care if needed. The visit is a great opportunity for Bendoc community members to look after their oral health and maintain healthy smiles. See *brochure on previous page*.

VACCINATION NURSE COMING BEFORE WINTER

Goongerah 28th April Bendoc 7th May Tubbut 27th May

Katy Radic is a skilled and approachable vaccination nurse who will be visiting the E2S region to support community immunisation needs. With experience delivering a wide range of vaccines across different age groups, Katy focuses on making the vaccination process clear, comfortable and stress-free. Her visit provides a convenient opportunity for individuals and families to review their immunisation status and access recommended vaccines locally.

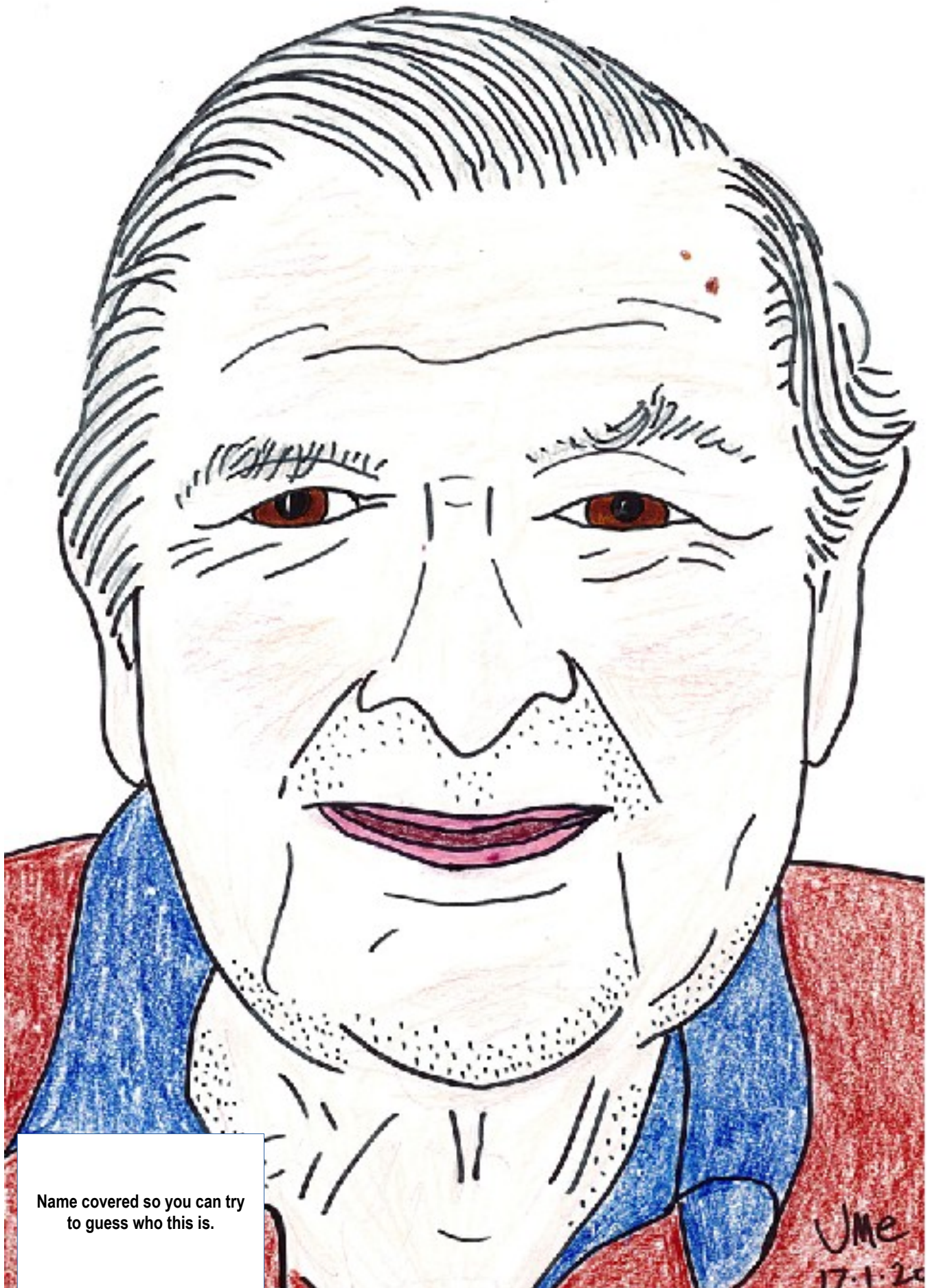
During her visit, Katy can administer vaccinations for influenza (flu), COVID-19, shingles, pneumonia, and key childhood vaccines. She is also able to provide protection against whooping cough and tetanus, which are especially important for adults, carers, and those in close contact with young children. Katy is happy to answer questions and offer guidance on vaccine timing and suitability, helping people in the E2S region stay protected and up to date with their immunisations.

FOR BOOKINGS OR ENQUIRIES CALL TAMA: or book online

WHEN BOOKING PLEASE STATE WHICH VACCINATIONS YOU REQUIRE

Sun	Mon	Tues	Wed (APRIL) 1 st Nurse Birgit Tubbut	Thurs 2 nd Birgit & Steph Bendoc	Fri 3 rd Good Friday	Sat 4 th
5 th	6 th Easter Monday	7 th Dental Bus Bendoc	8 th Acupuncture Tubbut & Bendoc	9 th Steph- Bendoc	10 th	11 th
12 th	13 th	14 th Birgitt – Goongerah Skin Checks Tubbut & Bendoc	15 th Birgit -Tubbut Skin Checks - Goongerah	16 th Steph – Bendoc Phsio Goongerah	17 th	18 th
19 th	20 th	21 st	22 nd Acupuncture Tubbut & Bendoc	23 rd Steph Bendoc Acupuncture Goongerah	24 th	25 th
26 th	27 th	28 th Birgit Goongerah Vaccs Nurse Goongerah	29 th Birgit Tubbut	30 th Steph Bendoc	31 st	

Guess Who



Name covered so you can try to guess who this is.

News from the Shire

Homes for everyone – a message from the Mayor

Some of the most important decisions we make at Council are the ones that reflect what people in our community are experiencing every day.

At the March 17 Council Meeting, we adopted our Homes for Everyone position paper – an important step in how we respond to housing challenges across East Gippsland.

In simple terms, this position paper sets out how Council will approach this issue, who we'll work with, and where we'll focus our efforts. But it is much more than a document; it's about people, and the realities many are facing right now.

Housing affordability affects people across all ages and stages of life in our community – families, workers, older residents and younger people. This position paper acknowledges those realities and sends a clear message that Council understands the challenges and is committed to being part of the solution.

These experiences are not always visible, but they are part of everyday life for many in our community. Housing plays such an important role in people's wellbeing. It provides stability, connection and a sense of security. Without that, it becomes much harder to maintain health, employment and community connections.

The Homes for Everyone position paper recognises the scale and the urgency of housing affordability issues in East Gippsland and brings together the work we are already doing and sets out a clear and considered direction for the role we can play.

As explained by Deputy Mayor Cr Tom Crook during the meeting, the strength of this position paper is that it's honest. It clearly states that housing delivery and specialist housing on homeless services are not core functions of local government. It doesn't overpromise. It doesn't blur the lines of responsibility. Instead, it clearly defines council's role as a leader, as a partner, and an advocate.

Meaningful progress depends on strong partnerships with State and Federal Government, how we work alongside agencies, housing providers and community organisations, and how we advocate using an evidence-based position for what East Gippslanders need. It's also about how we use Council land, owned by the community, supporting well-planned development and exploring opportunities and investment.

It also means listening.

The East Gippsland Housing Affordability Conversation Group has played a vital role in keeping this issue visible and meaningful. The work of this group, and others, to continue to champion this cause with passion and persistence really matters. This work demonstrates what's possible when council and community work together with a shared purpose.

All Councillors have invested heavily in the development of this position paper, and we agree that it provides a clear, responsible and community focused position and that it strengthens our ability to advocate for real outcomes

Your year to volunteer – recognising the people who make East Gippsland stronger

East Gippsland Shire Council is encouraging the community to celebrate the volunteers who help make the region such a vibrant and caring place, as National Volunteer Week 2026 approaches.

Running from 18–24 May, National Volunteer Week 2026 carries the theme Your Year to Volunteer, recognising the contribution of current volunteers while inviting others to discover the joy and purpose that comes from giving back.

Mayor Cr Jodie Ashworth said East Gippsland's strong volunteering culture is something to be proud of.

"With almost one in five residents volunteering, East Gippsland stands out for its generosity and community spirit," Cr Ashworth said.

"Volunteers support everything from sport and culture to wellbeing, education and environmental care. Their efforts create lasting positive change."

In 2026, National Volunteer Week also aligns with the United Nations International Year of Volunteers for Sustainable Development, highlighting the important role volunteers play in building resilient, sustainable communities.

The East Gippsland Volunteer Honour Roll recognises individuals who make a positive difference through volunteering. Nominations are open all year, with the 2026 inductees to be celebrated during National Volunteer Week.

"Recognition matters," Cr Ashworth said. "The Honour Roll is one way we can say thank you to the people who help our communities thrive."

Nominations for the East Gippsland Volunteer Honour Roll are open all year, with the 2026 inductees to be celebrated during National Volunteer Week.

For more details and to nominate, visit. eastgippsland.vic.gov.au/forms/east-gippsland-volunteer-honour-roll-registration-form.

4

WALLY MATTHEWS: Interviewed by Fiona.

- ON TONGHIAI, THE LAST OF THE FULL-BLOODED ABORIGINES

Q. Was Tonghiai the last full-blood member of the tribe?

WALLY: As far as I know he was. When the settlers came into Towamba with their cattle, the aboriginals used to spear some of the cattle. Then the settlers got together and drove the aboriginals into the river, shot a fair few of them. This Jimmy Tonghiai escaped and he walked from there up to Bendoc; came right through in the one night. He used to live around here for many years.

Q. Do you know where he was born?

WALLY: It was down around Tilba Tilba as far as I know.

Q. How did he live while he was up here?

WALLY: He used to live with the Mead family - relatives of mine.

Q. What did he do?

WALLY: Breaking in horses, and all the range of country work. He used to go out shooting possums at night, and all the Mead family who could get around the bush would go with him. That was their main industry then, shooting possums and kangaroos.

Q. Was it ever an industry to catch koalas?

WALLY: No, no, I don't think there were many then.

Q. I wondered if there was a time when there were plenty of koalas about?

WALLY: Well I suppose there would have been a fair few (compared to now.) Ed.

Q. Did he know much about the bush?

WALLY: Oh I think he had a good knowledge of the bush, hunt-and tracking. Well, he walked right through from Perico in the night! He knew the country. He probably came through here with his parents and all the tribe.

Q. Did anyone ever mention Tonghiai carving trees?



The Local Rag

WALLY MATTHEWS, page 2.

WALLY: No-one ever mentioned it to me, but he could have done. They were handy lads, and they had their own ways. Anyway he stayed around Bendoc till his old age and he died there. It was my father found him dead; it was at Tucker Creek down behind Jack Windle's place, just over from the mill. I don't know where he was buried.

Q. Did your father ever speak of Aborigines who were born around here?

WALLY: No, there was the Solomons, but they only came here around 1928, and I think they came from the coast. You see there's none of the old hands left who could tell you about the Aborigines.

MORE ON THE OLD DAYS, FROM WALLY.

Q. How would you have gone about making the new section of the road with horses?

WALLY: They'd survey the road first, and when they had the width, they would plough along that section with a big mould board pulled by six horses. Then you'd unhook your horses and put them into scoops. We had the single horse scoop, and then there was the big one, two horse scoop.

Q. Did you ever have accidents with the horses?

WALLY: No, there was never any accidents.

Q. Did the horses respond to voice command?

WALLY: Yes, if you had them scooping you could just let the reins go and they'd go on down to the tip. There was somebody there to take the dirt, and they'd send them back.

Q. Was there any implement to make drains?

WALLY: No you only ploughed it a bit deeper, and scooped it out. Most of it was shovel work. There was only one car about when we were working on that Tubbut road. I started on what they called the blue nose cliffs - that blue metal high cliff and worked on down to the Snowy River.



The Local Rag

WALLY MATTHEWS, page 3

Q. How many men were there working on that road?

WALLY: Up to eighty. They'd come from Melbourne on relief. None of them knew which end of the pick to use. Twelve and six a day. That was the highest wage then. Jim Neven worked with me on that road. He was the blacksmith - sharpen all the picks and anything else that had to be done. I used to get timber and put in culverts.

Q. During the Depression time, how did local people survive?

WALLY: Well the parents had the land, and the sons and daughters had to go out and look for work. That was only road work, trapping and hunting. When Tubbut was settled there was a fair bit of fencing. But most of the settlers there didn't have much money. They just battled along.

Q. Where were your parents born Wally?

WALLY: My father Jim came from Braidwood. My mother came from Delegate River - Rose Veal. She would have known Jessie Legge.

Q. Did your mother used to speak of her early days?

WALLY: She used to speak of hard times. They had no money. The wage was one pound a week. But then living was cheaper, not like now. A lot of the time they lived on rabbit and kangaroo. Made her own bread. She used to talk of some terrible frosts. They grew wheat out at Delegate River, and her and her sister used to get a long rope. They'd walk up and down to knock the frost off the wheat; stop it from being bitten. They carted water in kerosene buckets from the river. Tommy Dent's father used to have a four horse thresher, and he used to go from one farm to the other doing all the threshing. My mother used to say it was good bread wheat, first quality wheat.

Q. What did they do about drenching animals before chemicals came in?

WALLY: They ran them on a large area, and the sheep would feed on different leaves, bark and herbs, so they didn't need drenching. The hickory tree in particular acted as a drench. Or now the right thing is to rotate the paddocks. If you get footrot, you can cure it with bluestone. But don't put them back in the same paddock. One thing I do think, farmers should leave trees in their paddocks, for shelter and to stop the erosion. Keeps the wind off the ground. You need trees on ridges and in gullies. We've got to conserve what's left.

Word Search

D	C	B	D	P	R	W	X	N	R	M	V	B	Z	C
S	I	H	A	G	V	D	O	H	G	A	Q	P	O	Y
A	K	R	S	L	O	P	E	W	R	O	J	N	E	M
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B	Z	G	V	S	M	I	T	L	A	S	I	R	Y	T
H	Q	W	A	D	L	C	E	Z	K	B	G	E	S	L

- Gravel
- Asphalt
- Rocks
- Grit
- Concrete
- Boulder
- Pebble
- Sandy
- Loam
- Pothole
- Ballast
- Granule
- Topsoil
- Quarry
- Limestone
- Dirt
- Ditches
- Slope
- Riverbed
- Road

Sudoku

"Sudoku puzzles are provided by www.sudokuoftheday.com – visit them and get a new Sudoku every day!"

		9			5			
	2							7
	8			7	4			6
6			5	2				
	7	2	1		6	3	4	
				3	7			5
3			7	6			5	
8							1	
			9			6		

Once we believe in ourselves, we can risk curiosity, wonder, spontaneous delight, or any experience that reveals the human spirit.

e. e. cummings

You are the sum total of everything you've ever seen, heard, eaten, smelled, been told, forgot - it's all there. Everything influences each of us, and because of that I try to make sure that my experiences are positive.

Maya Angelou

If you don't like something, change it. If you can't change it, change your attitude.

Maya Angelou

8	3	9	1	6	3	9	2
4	1	7	5	2	7	1	4
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7	1	8	4	5	2	9	3
6	9	6	7	4	5	9	1
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