

TUBBUT TATTERLER

ISSN 2200 - 5243



February 2023

Tubbut Neighbourhood House

E-mail: tubbutnh@inet.net.au

Phone: 02 64580295

Open Tuesday, Wednesday, Thursday

<http://www.tubbutnh.com> Like us on Facebook

Next deadline: 27th Feb 2023

VICTORIA
State Government

Made for more excitement

Victoria Police is made for ambitious people looking for a career with more challenges, excitement, purpose, and possibilities.

Authorised by the Victorian Government, 1 Treasury Place, Melbourne

MADE FOR MORE

Classifieds	2	News from the Shire	12
TNH	3	News from the Departments	13
Goongerah Grapevine	4	Word Search & Sudoku	14
Vale Helen Neven	5-6	Recipe and Tubbut CWA history	15
Local Rag	7-10	Calendar	16
Vic Health	11		

CLASSIFIEDS

Available for parties and anything—Tubbut pizza oven (Bonang Hall also has one available for public hire)



Septic getting full?

Robert Hampshire will pump out your loo. Septic tanks, porta-loos— no problems Truck has capacity to handle 2 tanks/trip Phone: 0417423983
Please keep your old glass bottles for Robert too as he is a passionate collector.

Bobcat contractor for hire

Slashing, clearing, small earthworks, levelling, preparation for sheds, carports, water tanks and paving and clean ups
Ring Steve 0407190258 or email stephenscroope@bigpond.com

Orbost Solar and Electrical

Happy to come to our area and comes highly recommended by the Tubbut Neighbourhood House

Call Ben on 0434038395



Wallabia Wildlife Shelter

Rehabilitation and rescue of injured and orphaned native wildlife

Call Joe or Rena
03 51540196
24 hours

Tattler Contributions: We welcome your articles, news, reports on local groups, photos from local events, milestones, interesting stories, poems, biographies, births, deaths, historical items, and more. *We also welcome any letters to the editors,*

The Tubbut Tattler is produced by the Coordinators of the Tubbut Neighbourhood House which is funded by the Victorian Government. Material herein is the responsibility of the authors and does not represent the views of the DVICG or Tubbut Neighbourhood House unless stated. We welcome material from, and of interest to, people in the border areas of East Gippsland and NSW.

FOR HIRE

The Tubbut Neighbourhood House has the following for Hire:

Trailer—\$5.00 per day

Wood Splitter—\$10.00 per day

You can also borrow many of our gadgets:

Laminator, recording VHS to DVD player, Laptop, tablet, digital photo scanner, convert photos, slides or negatives to digital, record records to USB

Delegate Multi Purpose Service Craigie St, Delegate

Wellness Clinic

For bookings call 1800 999 880

A clinic where well people come for health monitoring and a variety of nursing procedures such as :

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent and pre-operative Electrocardiograms

Health Assessments

Suture or clip removal

Injections with Doctors written orders

Other procedures that do not require a Doctor

Pathology clinic (conducted by Pathology West)

Wednesday 9.30am—10.30am

No appointment necessary.

Every week except public holidays.

Women's Health Clinic

4th Thursday of the month at Delegate MPS
Phone 1800 999 880 for an appointment

**Handy Man available
call Peter on 0492888057**

CONCRETER

Specialising in driveways,
shed slabs ,

4 ton excavator for site works

Contact Brodie

Phone 03 51540142

Email brodiebendle@gmail.com

Tubbut Neighbourhood House

Trees On Farms

Increase profit, land capability and pasture and stock health

We can provide locally grown 'fire appropriate' and productive trees for your farm

Also available - consulting, planning and project management

Regenerative Agriculture, Agro-forestry and Revegetation

Contact 03 5154 0111 or 0484 062 296

Jarrod & Aminya

jarrodru@gmail.com

Farm sit/ Rental available

Self contained cabin available to rent in Goongerah at Kanukadale. Would suit a single or a couple as the cabin is open plan. I go away for two to three months over winter, so you would have the property to yourself rent free in return for checking the animals living here. The property and animals are not high maintenance but do need checking on. I also go away for a few days most months and rent is also waived on those days. Your own animals are welcome by negotiation. To live here, you must have a kind and caring attitude towards all animals. As I run a seasonal Retreat business from here, other work may be available if desired. Rent \$100 when not farm sitting. Contact Tama for photos and more info. 0450 816 512 or kanukadale4horses@hotmail.com

MOTORCYCLES ON ROAD

Just a reminder that the World Superbikes are on at Phillip Island the weekend of the 26/27th of February so look out for lots of bike traffic the



Bonang Hall's new electric BBQ



The new sign at Bonang Hall

Welcome to 2023 we hope you all had a Merry Christmas and a safe and Happy new Year.

As we do each year we are asking the community what you would like to see happening at your Neighbourhood House, please give us a call, flick us an email or flag us down on the road and give us some ideas we are open to all and any suggestions.

Our first community lunch and DVICG meeting will be on Wednesday the 15th of February, as usual all welcome. We had a great turn out for our Christmas Lunch on the 21st of December in the newly air conditioned Supper room.

10am for the meeting

12 noon for lunch

Everyone is encouraged and welcome to attend both.



CASUAL CLEANER REQUIRED

The Delegate Progress Association require the services of a casual cleaner for their accommodation venues. Award Rates apply.

For further details please contact the Rural Transaction Centre on (02)64588388

NEW EDITIONS AT BONANG HALL

We have recently installed an Electric BBQ in the outdoor area, the Hall Committee would like to thank **CONNECTWELL** for the funding. The BBQ use is free for the community and visitors we just ask that it be left clean after use.

We also have a large portable sign for advertising up and coming events or community information. Big thanks to **Jim Stevenson** for organising and delivering these to Bonang and Tubbut, also the funding for these was obtained from **Emergency Recovery Victoria through the E2S CRC committee.**



Goongerah Grapevine

Kanukadale Care Farm

A lot has been going on here at Kanukadale. We had our first Miniature Mule born, she is the first of a very considered breeding program to breed emotional support Mules for clients who have mental health challenges but don't want a support dog, usually because they fear dogs. The mules will be toilet trained, inside trained, and socially trained prior to their sale. They will also attend hospital and aged care visits with my other experienced therapy ponies before they head to their new homes.

We ended the year with a couple of Equine Enhanced Wellness Retreats, one for teenagers and the other for women. Through working with the Therapy Herd, they learnt about positive coping skills, awareness, boundaries and relationship.

In line with the Wellness Ethos for horses and humans here at Kanukadale, we finally wrapped 2022 up with hosting Massage Therapist, Kay Bristow for some locals to enjoy a massage. This will be a regular event in 2023, get in touch if you want to book a massage here at Kanukadale.

Since I was a bit burnt out after facilitating the 2022 Retreats, as all my clients have multiple mental health issues and complex trauma, I decided to take a break and make use of the Retreat's beautiful glamping tents in a different way. I offered Kanukadale up to campers and glampers through HipCamps and Air BNB.

The Glamping tents were a real hit, with most people coming from Canberra, Sydney and Melbourne, with a few international travellers too. I encouraged them to reconnect with nature and remember that we humans are simply part of this ecosystem and that we can live without our cities but we can't live without our natural world. Tourists were so appreciative that they had somewhere pet friendly to stay along the inland route, instead of going along the Coast. All campers and glampers absolutely loved the up close and personal encounters with the horses and goats. The river was a big drawcard too. Most commented on how peaceful and beautiful it is and how they feel a sense of calm here.



STAND

Thirty two community facilities in East Gippsland have been included in the 'Strengthen Telecommunications Against Natural Disasters' (STAND) Program. and is pleased to advise that Goongerah Community Hall is included as part this program.

The nominated facilities align with the Community Resilience and Development Program and help to ensure that the installation of an emergency telecommunication system, including AV infrastructure, provides our communities with telecommunications capable facilities to support them through emergency events.

The satellite communications system allocated for installation at Goongerah Community Hall comes with a single wireless access point (WAP) capable of supporting up to 40 concurrent users. This system will operate year-round in what is called standby mode. In standby mode internet browsing, social media and Wi-Fi calling will work in limited capacity only and will not support video streaming services.

When an emergency event is declared the system will be switched to active disaster mode resulting in the small sites supporting up to 40 concurrent users.

Key points

Installation of a 'small' satellite communications system with a single wireless access point (WAP) capable of supporting up to 40 concurrent users.

The Commonwealth has committed to fund the project for the first three years.

The funding covers an initial three years of the satellite service costs.

The funding is for the installation of the satellite service equipment only.

There is no funding for enhanced WiFi installations, such as outdoor installations or post installation costs to relocate the service.

The use of the STAND units will be integrated into Local Incident Management Plans and municipal emergency management planning.

There will be a workshop held at the hall on the 5th February 2023 for any- one who would like to learn how to use the new Stand equipment in the Community Hall. This will be a non formal workshop with dinner provided. Starting time will be 6pm

Vale Helen



'Helen Anne Neven Life Story'

Helen Anne Neven (known to her old friends as Neddi)
Known to the local community as the Mayor of Tubbut
Known to her family as the strongest, most caring, hardworking woman we all
got to call Nanna.

Helen was born in Orbost on 27th January 1939 making her the 5th child to Fred and Elsa (Min) Minchin. A sister to Nona, Ian, David and Jean, then Alan arrived a few years later to complete the family.
Helen went to Bonang State School where she had to walk several miles each day with her brothers and sisters to and from school. She helped out with the milking of cows on the dairy farm at Bonang and that's most likely where she got her love of milking cows from. She went to High School in Orbost and boarded down there during the week. This is where she met Alan Neven, as Min used to ask Alan to give Helen a lift to and from Orbost when he was driving through regularly. Alan often delivered honey orders, picked up fuel and groceries for his parents and others living in the area. Little did Min know, she was setting them up for a long and beautiful marriage.
Helen's first job was in Melbourne working for a Doctors clinic as receptionist. She lived with an Aunt at the time, but returned home shortly after as she missed Bonang, the farm and her family too much.
Alan and Helen courted for some time while attending local dances where they often danced the night away. They married at Delegate on the 6th of May 1961. Many stories were said of that day being cold and miserable, but not enough to dampen the spirits of the newlyweds. They enjoyed a short honeymoon travelling along the Great Ocean Road in Victoria, then back to Tubbut where they have lived til this day.

Helen fitted into the farm life effortlessly, living alongside Pa and Ma Neven and sharing the generator between their two houses, until 1972 when the electricity was eventually connected to Tubbut. She trapped rabbits morning and night to sell the carcass and skins to save enough money to buy a washing machine. Helen told Alan she was not going to have any children until they owned a washing machine. Helen had the best vegetable garden, like a true market gardener, a huge orchard to harvest from, her beautiful milking cows to reap from and of course the Neven honey to cook with. She learned to live off the land and made all her own produce. She would preserve all the fruits in Fowlers jars, store them in the pantry and have loads of boxes of jars under the house. She made chutneys, pickles, jams, jellies, tomato soup and preserved beetroot by the gallons. She would freeze bags and bags of beans, peas, corn and anything else possible from her vegetable garden. The two big freezers on the outside veranda were always full to the top of meat butchered on the farm, and produce out of the garden. They were never going to go hungry. Helen also made her own butter, bread, cakes and slices and the family rarely went without a homemade dessert every night. She made ginger beer and the best home-made beer with Neven honey, rather than using sugar. If craft beers were around back then, Helen would have made a fortune.

The family started with Philip being born in 1964, Brenda in 1966 and completed with John in 1968. That would have made life a lot busier, with farm work, milking cows, all the home cooking and now being a mother. Lucky enough the Primary school was right across the road from the house, so that made getting to and from school easy. Once High School started, it was a bigger challenge, finding private board in Bombala for the week, or travelling by car and two buses each way. Helen sold eggs and milk to locals to afford the school fees and always made things work out. Times were tough, but Helen was a good bookkeeper, wrote a diary every day and managed to keep the farm, school, bees and petrol business in control all the time.

Once high school was over, Helen and Alan's children all grew wings and flew the coop. Philip wanted to stay by and help out with the family farm so moved in just across the yard, into Ma and Pa Neven's old house. John ventured a bit further east and settled in Bombala meanwhile Brenda explored Australia and eventually landed in Bairnsdale. Life had changed slightly for Helen and Alan, not having their children close by, but frequent trips home to visit were always welcome and their rooms were prepared for whenever they wanted to stay. Life got even more interesting as each one married, and the grandchildren started to arrive. 8 in total would join the family over the next few years and Helen loved them all. She was fortunate to have 4 of them living just across the road, so she witnessed all of them growing up and fondly enjoyed visits from the other 4 who lived further away. She will always be remembered for spoiling them all with baked treats, a hot breakfast every morning and singing nursery rhymes even when they were well into their teens.
More recently, Helen's life was made joyful with the introduction of 7 great grandchildren, all loved just as if they were her own.

Helen was on every committee available in the local community. She was the rock that everyone relied on. For so many years, that are unfortunately not recorded, Helen was on the committee for CWA, Pony Club, Hall Committee, the Sunday Tennis and Tubbut School committee, Camp draft and Tubbut Tattler groups. While Helen was on the Tubbut Hall Committee for a very long time, she instigated and ran the annual Easter Fair. A huge fundraising event that all families loved that carried on for years. But the longest standing of them all would have to be the CFA. Helen was not only on the committee for well over 50 years, she was the chief organiser at every bushfire in the area and took control, knowing exactly what to do and handled the situation with a calm and sensible authority. Everyone appreciated her knowledge and leadership and her strong capability to remain level headed in these stressful situations. There were many, many bushfires over the years, with little to no loss to the farms and surrounding areas.

Helen was a very busy woman, but still managed to get away on several holidays over her lifetime. There were numerous trips to Bairnsdale and Ballarat, long drives with very few stops in between to ensure she made the most of any time she could spend with family. These holidays were so important to her and continued for as long as she could. Helen and Alan also visited Cairns, New Zealand, Kangaroo Island, Cape York, Alice Springs, England, Ireland, Birdsville, Norfolk Island, Tanami Track, Boat cruise on the Murray River and also a tour of Western Australia.
Helen was very fond of country music and often went to Tamworth Country Music festival, and other country festivals she found out about and especially to see any local artists from Bombala area.

Helen was a hard worker, she was a caring, helpful person, who always put everyone before herself. The Tubbut community, along with her family meant everything to her.
She was known for her catering skills, organisation, team work, leadership and most importantly, her jam rolls.

As you all know, Helen suffered a stroke in 2018 but fought hard to make it back to Tubbut and the farm. Alan took good care of her for the next 4 years and did all that he could. We all thank Alan from the bottom of our hearts, for taking on such a tough, time-consuming and sometimes difficult role of being Helens carer. It was a massive learning curve and huge change to their independent lives, but they soldiered on as best they could, being the true strong team they are together. As much as Helen wanted to keep living for him; after all he was her everything, sometimes medical intervention can't help any longer and nature takes over. She needed to rest, she deserved to rest after all these years, and she had to let go.
We will always treasure the life lessons Helen taught us and the wonderful memories we hold on to of the times spent with her.



Vale Helen

'Nanna's Poem'

61 years of husband and wife, bet that got you into lots of strife!
Do you remember way back when Helen was being chased by all the men?
 Courting and dancing at the Bonang Hall,
 back in the days where you called a party "a ball"
Alan quickly proposed and down the isle they trot,
 with Nona and Harry ready or not
Over half a century ago, someone did say
A hard working marriage began that day
 Two country people joined as one
 To work together and get the job done

Three years pass and Philip was born, but with the passing of her brother Alan,
 the emotions were torn
Brenda came along and there was lots cheers, she was such a delight,
 they drank lots of beers!
Life was never the same for a long time after
Then the big boofer arrived and bought lots of laughter

As the couple soon found out, child raising was hard work,
There was lots of yelling, the big leather strap and kids covered in dirt
Farm life was adventurous and challenging for some
But for Alan and Helen it was just lots of fun

Alan liked his truck and loved to play with his bees
Helen toiled in the garden, always down on her knees
Alan spent days on the dozer, tractor and plough
Helen cooked, cleaned and stayed home to milk the cow

Then the kids left home, one had no fear
She travelled around and moved up a gear
One moved next door and had lots of children
3 girls and 1 boy, there was a few of them

The other one moved, to the closest town
To find a nice wife and then settle down

So life was back to two and peaceful at last
Not like it was, back in the past
Then life took a turn and the grandchildren came
There were so many girls, they almost went insane!
With so much new technology and gadgets galore
They tried hard to get with it, but couldn't quite score
When the great grandchildren arrived, they had lots of fun
Showing them the farm and how it is run

Some travels around out great country, and many more
Overseas, local trips, oh the places you saw!
Over 60 years of marriage, so many memories made
Through good times and bad, these stories will never fade.



The Local Rag

INTERVIEW - FRANK KELLAWAY.

22nd January 1981



5.

Let me give a brief introduction to Frank Kellaway and Carmel Saville who have moved in to Tubbut. This is based on an interview which went swimmingly on tape, but the tape unhinged itself; this is the bare bones of the interview.

Frank and Carmel last lived at Jamieson under canvas, where their only neighbours were forestry workers. Carmel feels that Tubbut is more isolated from her friends and relatives in Melbourne than was Jamieson, but there are more neighbours in Tubbut for social contact. Carmel hopes to involve herself with some of the community activities in the valley; both Frank and Carmel are in the choir, and will most likely turn up to Sunday tennis occasionally. The craft nights interest Carmel. Frank, though, will be sure to avoid meetings and committees like the plague. He doesn't believe in people organising other people; says he has sat through too many long-winded fruitless meetings when he was a teacher and a librarian. Frank doesn't mind the isolation from towns, but enjoys the company of friends. Some of his friends are in the Canberra direction.. Carmel was trained as a nurse, but decided it was not right for her; switched to telephony and spent nine years in a very friendly group of five women sharing the intimacies of a nation. No of course they didn't listen. But Carmel is such a sympathetic and warm hearted person you probably wouldn't mind!

Frank has had published his novels, children's stories, and verse. The settings are mainly rural. Frank feels that despite the fact that most Australians live in cities, and the 20th century is also the age of learning about conservation, humanity relating to the planet an urgent need to recognise our place in the natural scheme of things. In his writing, Frank concerns himself with simple moral problems which turn out not so simple. For example, in "A Straight Furrow" the life of the main character explores the idea that one should keep one's eye ahead, and not interfere in other peoples business; in other words, plough a straight furrow. The difficulty of this practice becomes clear. Two characters are bushies of the , old breed, and the book would prob2bly be enjoyed by many people in this district.

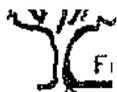
Frank and Carmel looked for land for a long time, and went from Wederburn to Goongerah before finding this block. They wanted running; water, a house, beautiful bush, and reasonable price. This was the only place which fulfilled all four conditions.

When asked their response to the "Local Rag"11, they both said they thought it was good, and had a wide range of interest for different people in the community. Frank especially enjoys the interviews with old residents, and any historical articles. He would like to know more about the Aboriginal background of the area. Carmel said he always reads the Rag thoroughly.

Thank you Frank and Carmel, for this introduction. Frank has a poem in this issue of the Rag as well.

The Local Rag—continued

The Local Rag
22 Jan 1981



Foxie's Hangout- Mornington

"Pray for the little fox".(from an English stained glass window)

Duco graced with chromium
rolls along the bitumen.
The driver cased in glass and steal
accelerates and holds the wheel
caught in an amber bell of speed,
comfortable danger - is sole need.

I too drive **through** this schizoid age
a pane between me and my rage,
holding a notion sharp with doubt
to keep insidious comfort out,
but warmth steals in and we relax
are barely conscious of attacks.

Weekends now I pack the car,
the routine to diminish care
leave behind Springvale, Edithvale
and all the other plains of flats
And tears which are of no avail
gardens of pampered, murderous cats,
leave factories and football grounds
and join my children singing rounds,
while through the windscreen of blotched glass
our present sees the landscapes passed,
wattles and tea-tree and blonde grass,
until we reach an intersection
where comfort's stabbed by intellection

Here nine feet of box-gum tree
the bodies dangle, swinging free:
foxes, and once I saw a sting-ray,
stinking and teetering in the winds way
They hang from a great iron circles
that rings the bole for all that's mortal
and bells the toll that shooters take
for every fox's fool mistake.

The Local Rag -continued

22 Jan 1981

The Koryaks hunt the fax for fur;
they lay their victims by the fire-
their routine to diminish fear.
"Let the guest warm himself", they say
"Before we take his coat away."

They fill his stiffening cheeks with roe
before they leave him in the snow
wrapped in a new coat of grass
and pray to his departing ghost,
hailing his spirit full of grace,
to send another willing guest.

In comfortable times like these
the gentler ways of savages seem just a
quaint irrelevance
a childish dream of innocence

Now our sleek winged whispering jets
wireless and television sets,
the drugs that ease our suffering,
the speed-boat and the telephone,
sewerage and air-conditioning,
the stainless steel replacing bone,
the leisure won through automation
our hygiene, our refrigeration
our rock, our refuge, our salvation,
all fade to dreamstuff with this motion.

We swing on this grotesque trapeze
suffer these present cruelties
the bastinado and the stake
the gas chamber and napalm
in Germany, in VietNam,
On Tybum Tree, on London Gate

By Frank Kellaway ..

with Acknowledgment to
Overland "Mare's Nest" |



The Local Rag—continued

Some Thoughts ☀ ☀ ☀ ☀

The Local Rag
22 Jan 1981

One reads some terrifying things these days.

For instance: the carbon dioxide that industry is pouring into the air is changing the whole pattern of climate across the globe; to the extent that the food growing areas north of the equator won't be growing much food in the last years of this century. (whoops, that's not far away.) To complicate matters, the icecaps will melt a bit and that will cause the seas to rise and major cities will...er have to move.

The plants can't keep up with it. It's their job to clear the air of carbon dioxide and blow me down if we aren't cutting them down as if we don't need them any more, when in fact, their part in the food-air-water chain is what the animal, man depends on for survival.

Well, then, there's the planets lining up, and throughout history this has been associated with the years of earthquakes, floods, fires, disease, divorces... well you name your own private nightmare, and it's on the list. Seems that particular disaster is not our fault. (Whew!)

The economy... that's the one we hear most about on the news, in the papers, off most people's lips. There's the small, personal implications, less money to spend, more to spend it on. There are the implications for our children...just what should we be providing for their experience and learning that will get them through the future somebody's making for them? Are booklearning, the three Rs, the occasional trip away going to be what they look back on and say: "They knew what I needed?" We've all got different answers to that one.

These are typical thoughts for me on a lovely evening in late spring and I'm on my own.

But earlier on I'd just made that incredible trip back from Tubbut, just on dusk, with the halfmoon up there, and the hills blue-mauve-russet against the sky; the shapes the trees made against the backdrop of sunset sky gave me poetry without reading a word. I'd spent some lovely hours at Tubbut with the Tennis-water devotees who gather there most Sundays; and meditated while afloat in the Deddick bathwater. And besides that, the grass was green, the sky was blue, the sun was hot and I knew I was right where I am meant to be.

All this on the same day? All this on the same planet, the same universe even? We are so, so lucky here, we've got so much and only every now and again do we stop to look at it. Then we gaze in awe at planet earth whose balance we are such a tiny part of, after all.

Debbie

Discover how the great outdoors is good for both body and mind

Author: VicHealth

Spending time outdoors is great for us. Whether you're exercising, hanging out with friends or just admiring what's around you, breathing in the fresh air and getting a hit of Vitamin D gives us a chance to relax, reset and connect.

We're big nature fans, so we've put together some ideas for getting outside to help you feel better on the inside. Plus, there's tips on how you can stretch your legs and take in the scenery throughout Victoria, whether you're with friends or enjoying time to yourself.

What Are the Benefits of Being in Nature?

A growing amount of research suggests that spending time in nature is fantastic for your health. It's wonderful for your body. Plus, there are great psychological benefits to being in nature. Even a small amount of time immersing in nature can be beneficial for us.

Reduce stress and improve your mental health. More and more research uncovers the benefits of nature on mental health. Even spending just 15 to 20 minutes in a green space can lower stress hormones.

- **A chance to exercise.** Get that double dose of well-being by not only enjoying nature but by exercising while in nature too. Regular exercise is great for our bodies and our minds. It doesn't have to be complex exercise either - a simple stroll through the trees or a nature reserve can do wonders for us.

Vitamin D. Getting enough vitamin D is important for your muscles, bones and general health. Soaking up the sunshine is one of the best if not the best natural sources of vitamin D. Find out more about vitamin D, how it can help you and what to keep in mind while being exposed to the sun.

Get to know your local area and discover new places. Victoria has a lot of beautiful areas to explore. Soak up those health benefits of being in nature while experiencing new parks, beaches and trails.

Tips for Enjoying Nature

Whether you live rurally or in a city, Victoria has lots of great opportunities to enjoy nature.

- **Plan a walk with friends (or by yourself).** From hiking to casual strolls, walking is a brilliant way to relax and exercise while enjoying a change of scenery. There's heaps of great walking trails around Melbourne and throughout Victoria. Use this time to catch up with your mates while you explore Victoria on foot. Prefer to walk solo? Cool. Taking a stroll by yourself gives you the extra freedom to head where you want, when you want. Love walking? Check out our article on the benefits of walking.

- **Enjoy your local parks.** Check out parks in your nearby area as a place to unwind. A great option for hanging with friends, taking time to yourself or relaxing on your lunch break.

- **Go camping.** Savour the outdoors with the many free and paid camping sites spread throughout Victoria. Camping can be a fantastic experience to connect with friends, new people, nature and yourself.

Get on the indoor plants bandwagon. There are a lot of us that live in busy cities without access to a big garden. If you're missing natural beauty in your neighbourhood - or just want to get more of it - try growing plants indoors or on your balcony if you have one. Gardening Australia have a great in-depth guide and video on growing plants indoors - it's even presented from an apartment in Melbourne's inner city suburb of Richmond.

Play it smart and be prepared. If you're planning on heading out for a bit, remember to be safe and smart about what you're doing and the environment you're in. Wear sun protection and bring water for when you need it. Healthy snacks are great for keeping up energy and can be fun to share. Victoria can get wet and cold, so pack the appropriate layers. If you're heading somewhere remote or unusual, inform someone close to you like a friend, parent or carer about where you're going and when you plan to be back. Also, be aware of local critters - remember, it's their home too!

Victoria is filled with ways we can really enjoy nature. Keen to ride through Melbourne's bike paths? Do you prefer long walks on the beach? Or is it the exciting wilderness that does it for you? Whatever part of nature tickles your fancy, take the time to enjoy it. You deserve it. Your body and your head will appreciate it, too.

News from the Shire

Two draft Council strategies currently out for Consultation through Friday 3 February 2023

Rural Land Use Strategy - Final Draft

The Rural Land Use Strategy creates a planning vision and framework that seeks to support agriculture and rural industries, promote opportunities in rural tourism, and recognise and protect important environmental, cultural and landscape values. The strategy will apply to all privately owned rural land in East Gippsland.

Preparation of the Rural Land Use Strategy is underpinned by the following principles:

Protect and enhance productive farmland and farmland of strategic significance to support food and fibre production.

Facilitate innovation and growth of the agricultural sector to leverage competitive advantages and strengthen the economy.

Encourage rural and nature-based tourism to augment and diversify the Shire's agricultural and environmental values.

Protect and enhance environmental values, including biodiversity, landscapes and water quality.

Respond to the challenges and threats associated with a changing climate and natural hazards.

Challenge the legacy of dwelling development and fragmentation of land in productive farming areas.

Support population retention for a sustainable and prosperous future in isolated rural communities.

Rural Land Use Strategy - Final Draft | Your Say East Gippsland

To complement the Rural Land Use Strategy, Council is also preparing a Housing and Settlement Strategy to guide the location of future housing and settlement growth to 2041. The aim of the two strategies is to balance the need for housing and the sustainable growth of our towns and settlements with the need to protect rural areas and the natural environment.

Housing and Settlement Strategy - Discussion Paper

Our community is continually changing. Population growth, an ageing population, risks from natural hazards and changes to our economy present challenges and opportunities. It is estimated that East Gippsland will require an additional 5,600 dwellings by 2041.

To guide housing and settlement growth, Council is preparing a Housing and Settlement Strategy. The first stage of this project is a Discussion Paper that is available for community feedback.

The Discussion Paper summarises the key issues influencing planning for housing and settlements and presents five principles to shape the preparation of a draft Housing and Settlement Strategy:

Future population and housing growth should be directed to appropriate towns and settlements that are identified as suitable for potential growth.

Housing development should create compact towns and settlements and minimise the spread of urban areas. This may include 'infill' development within existing towns and settlements; better use of existing rural living zoned land; and 'greenfield' development in close proximity to existing towns and settlements

Initiatives that deliver improved affordability, diversity, and innovation in the delivery of housing to provide greater choice for residents will be supported.

We should maintain the unique local character of different places across East Gippsland.

Carefully manage development in areas prone to natural hazards to reduce the risk to human life.

Housing and Settlement Strategy - Discussion Paper | Your Say East Gippsland

(for hard copies please contact 03 5153 9500 or email feedback@egipps.vic.gov.au)

Make sure your pet's details are up to date

Reuniting a lost cat or dog with their owner is far easier when pet registration details are kept up to date, so East Gippsland Council is calling on residents to ensure that their pet has a current registration tag.

All cats and dogs from three months of age must be registered by 10 April each year under Victorian legislation.

Animal registration renewals are being sent out soon, so cat and dog owners are asked to make any necessary changes to registration details before Thursday 16 February. New pets must be microchipped before being registered.

Mayor, Cr Mark Reeves has called on all pet owners to do the right thing and keep their registration details and payments current.

"Registration fees help provide services for our pets, including education programs, the animal shelter, and monitoring of pet shops, boarding kennels and catteries to ensure that your pet is cared for properly," Cr Reeves said.

"And a dog or cat is also far easier to reunite with its owner if it is registered and owner details are correct."

Ownership and transfer forms are available at Council's Customer Service Centres or its website. To get renewal notices sent by email, visit registrations.pml.com.au/egscanimals.

For a pet that is displaced or no longer with us, in cases of financial hardship, or for further information, contact Council's Community Laws team on 5153 9500.

Media Enquiries: Communications Team – (03) 5153 9500

News from the Departments

1080 Pest Animal Bait

Notification to Neighbours of Vertebrate Pest Control Using 1080

To: THE LANDHOLDER / OCCUPIER

The **Department of Environment, Land, Water and Planning (DELWP)**, will be undertaking a 1080 pest animal poisoning program using buried baits and Canid Pest Ejectors on public land at:

See Attached Tables and Maps – to control **Wild Dogs**.

Awareness of 1080 bait use on Public Land by DELWP is vital for the safe management of domestic animals.

If a property is occupied or used by persons other than yourself, the provision of this information, by you to them may reduce the potentially negative impacts of 1080 on domestic animals such as pets and working dogs.

The poison to be used is **compound 1080 (sodium fluoroacetate)** which is contained within an approved bait type for the pest species.

Poisoning will occur from **01/01/2023 to 01/07/2023** after which time DELWP will collect and dispose of untaken and unused baits in accordance with the Directions for the Use of 1080 and PAPP Pest Animal Bait Products in Victoria.

The use of the 1080 pest animal bait product will comply with the product label and the Directions for the Use of 1080 and PAPP Pest Animal Bait Products in Victoria. When used in accordance with the product label and the Directions for the Use of 1080 and PAPP Pest Animal Bait Products in Victoria the chances of non-target animal impacts are reduced but there is still some associated risk. By being aware of the dangers you are able to help manage the risk.

To minimise the risk of poisoning to your animals you are advised:

Confine, muzzle and/or restrain your domestic animals, particularly dogs and cats, to prevent them from accessing 1080 pest animal poison baits or carcasses.

Domestic animals, particularly dogs and cats, are susceptible to primary poisoning from ingesting 1080 pest animal bait products and secondary poisoning from ingesting contaminated carcasses. It is unusual for domestic animals to scavenge on dog/fox carcasses.

Closely monitor the health and behaviour of your companion animals or livestock. If you notice any unusual or uncharacteristic behaviour contact your local veterinarian immediately.

There is a delay in the poison action of 1080 and animals that have ingested 1080 pest animal bait products may die on your property.

Collect and destroy any poisoned carcasses you find by burning (in accordance with local regulations) or burying to a depth of at least 50 cm for rabbits and at least 1 metre for foxes, wild dogs and feral pigs.

Always dispose of carcasses away from natural features such as waterways.

Dangers to Humans:

Compound 1080 (sodium fluoroacetate) is a restricted schedule 7 poison and there is no known antidote. If you are handling poison bait and/or carcasses always use protective rubber gloves and wash hands and gloves thoroughly after contact. When used in accordance with the product label and Directions for the Use of 1080 and PAPP Pest Animal Bait Products in Victoria, there is little risk of humans being poisoned by 1080 pest animal bait products.

Although the 1080 used in 1080 pest animal bait products is substantially diluted, 1080 pest animal baits and poisoned carcasses must be treated with care.

If poisoning occurs immediately contact a doctor or the Poisons Information Centre on 13 11 26

Further information on the use and handling of 1080 is available from 1080 pest animal bait manufacturers.

For further information please contact:

Gippsland Region

Wayne Peters

Gippsland Operations Manager – Wild Dog Program Telephone: 0429 401 217

Date: 28 December 2022

Hume/North East Region

Craig Hamilton

Hume Operations Manager - Wild Dog Program Telephone: 0429 969 413



All tracks to be baited including named and unnamed tracks will have 1080 Poison signs erected

Bonang, Bendoc, Tubbut & Deddick WDMZ

Amboyne Tk	Deddick Valley	Jake Break Rd	Bendoc
Armstrong Tk	Deddick Valley	Kangaroo Fire Trail	Bonang
Beasleys Rd	Bendoc	Minchins Tk	Bonang
Border Tk	Delegate River	Snowy Tk	Deddick Valley
Boundary Tk	Bonang/Tubbut	Sun Tk	Bonang
Bowen Tk	Bonang/Deddick Valley	The Fives Rd	Bendoc/Delegate River
Crawfords Rd/Tk	Bendoc	Unnamed Tks	Bendoc/Bonang
Deddick Tk	Deddick Valley	Warbisco Tk	Bonang
Helens Tk	Bendoc	Waterhole Gully Rd	Bonang

Word Search

S	E	S	S	I	O	N	Y	C	S	Y	X	R	A	X
S	C	V	F	A	S	K	I	E	R	M	S	F	S	S
E	N	O	B	H	T	T	N	U	A	E	G	K	A	E
R	E	Y	W	Y	P	I	O	W	T	B	N	Q	N	M
P	U	H	V	E	D	V	S	T	S	V	I	C	D	O
E	Q	L	S	R	A	T	L	F	Y	R	Y	B	W	L
N	E	U	A	S	Q	E	Z	T	A	S	A	O	I	I
T	S	S	G	R	M	T	S	S	L	C	S	V	C	N
E	R	E	V	E	S	E	E	E	X	B	T	A	H	A
D	O	B	N	K	D	G	S	C	L	D	W	I	S	M
L	P	T	H	A	M	A	M	O	T	E	K	A	O	C
R	X	F	T	E	N	F	C	N	S	P	F	C	S	N
E	A	I	N	I	V	U	A	D	L	P	I	G	Z	K
Q	O	T	T	N	A	P	E	C	U	A	S	A	X	W
N	I	Y	G	N	I	L	L	E	S	S	Z	Q	V	Y

- Sandwich
- Sanity
- Sapped
- Sardines
- Sassy
- Satisfaction
- Saucepan
- Savoury
- Saxophone
- Saying
- Second
- Sedation
- Segment
- Selling
- Semolina
- Septic
- Sequence
- Serpent
- Session
- Settlement
- Severe

Sudoku

Puzzle provided by www.sudokuoftheday.com, visit them and get a new

		8		2				
6			4	3				
3					9	5	8	
						8		9
			3	7	6			
2		5						
	9	6	7					5
				6	2			4
				5		7		

Buy back recycled products



Did You Know?

Find the recycled version of your favourite household products or buy products in recycled packaging to reduce your household waste.

For more information contact Council or visit our A - Z - Where to next? on our website.



8	9	7	4	5	6	3	2	1
5	8	7	1	6	2	3	9	4
4	9	6	7	8	3	1	2	5
2	3	5	8	9	1	4	7	6
8	4	9	3	7	6	2	5	1
9	7	6	1	2	4	5	8	3
3	7	4	6	1	9	5	8	2
6	5	2	4	3	8	9	1	7
9	1	8	5	2	7	6	4	3

Recipe

Raspberry, chocolate and almond Tea cake

Ingredients

- 150g softened unsalted butter, chopped
- 2/3 cup (150g) caster sugar
- 2 eggs
- 1/2 teaspoon almond extract
- 50ml milk
- 1 cup (150g) self-raising flour, sifted
- 150g almond meal
- 3/4 cup (135g) dark chocolate chips
- 150g fresh or frozen raspberries
- 1/3 cup (25g) flaked almonds
- Icing sugar, to dust
- Double thick cream, to serve

Method:

Preheat oven to 180C

Grease and line 20cm cake pan

Beat the butter and caster sugar with electric mixer until thick and pale. Add eggs and milk, beat to combine.

Fold in flour and almond meal, then fold in chocolate chips and raspberries.

Spoon into pan then sprinkle over the almond flakes.

Bake for 50 minutes or until a skewer inserted in the middle comes out clean. Cool cake in pan for 10 mins.

Turn out onto wire rack and cool completely. Dust with icing sugar and serve with cream.

History of Tubbut CWA —article supplied by Alan Neven

The history of the Tubbut Branch as supplied by Mrs. Dulcie Ingram.

Because of the loneliness and isolation for women and their families at Tubbut, plus the forethought and initiative of a newcomer (Mrs. Willis) to the district, the small C.W.A. Branch at Tubbut came into being on November the 9th, 1951.

Hildegard Willis, daughter of a Church of England Minister, came from Melbourne with her husband, Mr. Rupert Willis, a former accountant, to take over their son's property shortly after World War 2 had ended. The son, Flying Officer Ed Willis, a former pilot with the R.A.A.F., was lost when his plane was shot down over Norway, only one year before the war ended.

Life on the farms was lonely, despite the happiness we all felt at seeing the end of the war. Homes were rather long distances apart, and many lacked transport unless the men were available to drive. There was very little communication owing to the lack of telephones in most homes. Radio played a big part in our lives in the fifties. People coming from the cities must have thought Tubbut was the end, in those days.

Following a chance get together, Mrs. Willis hit upon the idea of trying for an outback C.W.A. Branch, and on contacting Head Office, we were duly given this opportunity, on the arrival shortly afterwards of the then East Gippsland Group President, Mrs. Hetherington of Lakes Entrance, accompanied by another popular C.W.A. member, Mrs. Rule of Nowa Nowa. These ladies, armed with only an axe and

a billy can, to quote Mrs. Hetherington, drove their car over the Turn Back and across McKillops Bridge, a feat rarely accomplished by a woman in a car.

Many turned out to welcome the visitors at our small school house, all ladies agreeing to join C.W.A. This was formed complete with a Younger Set.

Mrs. Hildegard Willis being our first President and her daughter-in-law, Mrs. Avis Willis Secretary/Treasurer.

Later meetings were held in members homes or at the school at week-ends. The lady teacher, Miss E. Freeman, joining the branch as a younger set member.

Since those days much has been done by our still small branch. Despite some adversities, through recessions, and the usual drift from the country, numbers have often dropped, but so far we have always managed to keep afloat with continued interest.

One thing of which we are proud, our branch has at all times been given respect and attention by all organisations, at our requests for better roads and conditions for country areas, which have benefitted everyone. We too have been able to help in no small way, others less fortunate than ourselves.

Since our formation we have lost four valuable members from Tubbut, Mrs. Willis, Mrs. L. Ingram, Mrs. K. Reid and Mrs. K. Neven. In memory of Mrs. K. Neven we annually hold an Easter Fair with a shield in her honour. For this, many children compete.

Meetings are still being held in homes, or at the Tubbut Hall, and although numbers are small it is with the same enthusiasm and enjoyment. At each meeting everyone has a similar interest to try for a better and happier place for all to live, at the same time learning to understand the other persons point of view.

February 2023

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2 Library Bus & TNH at Bonang	3	4	5
6	7	8	9	10	11	12
13	14	15 Community lunch at Tubbut & DVICG meeting	16 Library Bus & TNH at Bonang	17	18	19
20	21	22	23	24	25	26
27	28					
